



## PE POLICY

### Our Vision

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as our school values of Resourcefulness, Resilience, Respect and Responsibility which are an integral part of all aspects of the PE curriculum.

### Curriculum

Nursery to Year 6, follow the 'Lancashire Professional Development Service' and the Lancashire Curriculum adapted 'PE Passport App' to support the delivery of the National Curriculum. The scheme focuses on the Fundamental Movement Skills (FMS) of agility, balance and coordination, inclusive competition and broader essential holistic skills.

Our teachers are dedicated to delivering fun and engaging lessons centred around teaching our children new skills and vocabulary that will encourage them to live active, healthy lifestyles. Our lessons are taught in three phases:

Phase 1 - revisit prior knowledge during a warm-up - new vocabulary/skills taught in the previous lesson or unit, depending on where the class is up to in the school year.

Phase 2 - teach new concept or skill as well as new vocabulary. Children will know what the outcome of the lesson will be and what is expected of them during the lesson.

Phase 3 - recap what has been taught - this could be done via a class discussion or a performance of the new concept or skill and consolidate new vocabulary that has been taught. All units will culminate in a CORE



task that will enable the children to demonstrate learning in a competitive game that can be assessed.

We are very proud of the work that our children do during each lesson. In fact, there are displays around school showcasing the work the children have been doing in PE for each year group. This helps us to promote PE as a subject and celebrates the successes of our children during lessons and units taught. It is also a visual reminder of how much they progress each year at school. PE also features in our weekly newsletter and during celebration assemblies.

### **Assessment**

Assessment is a vital part of PE as it helps teachers to plan effectively. It also allows teachers to ensure that all children are accessing PE. Using the LCC app, teachers will fill out an assessment form at the end of each unit taught or when the children complete a certain skill. At the end of each unit the children will also complete a self-assessment and summarise their learning experience in PE. This will mean that all children are accounted for and it will allow possible interventions to be put in place to ensure all children are making progress in the subject. Assessment also celebrates the successes of the children in our school and will ensure that children are being consistently challenged during every PE lesson with more-able children along with SEND children being catered for using STEP approach where necessary. It also provides teachers with the opportunity of identifying children with particular strengths who may then be chosen to take part in competitions representing our school. In EYFS, staff will be able to assess the children on their accomplishment of the FMS. In lower Key Stage 1, staff will perform a baseline assessment and in Year 2, during the athletics unit, staff will assess the children on the competency of the FMS building on the baseline assessment.

### **Resources**

We are very proud of the resources we have available to the children at our school. Each term an audit is carried out to ensure adequate upkeep and the safety and maintenance of our equipment. Our children are taught how to use the equipment properly to ensure the health and safety of themselves and the people around them. Giving children responsibility



of tidying equipment away and ensuring it is kept safe gives children a sense of duty and belonging.

### PE Kits

At Monksdown we want our children to feel confident and ready to get involved during every PE lesson. That is why it is vital that children have a PE kit in school. Children should bring in their PE kits at the start of term and leave them in school. Kits should be brought home at the end of each half-term to be washed ready for the next half term. If a child does not bring in their PE kit **they will still be expected to do PE**. Each class has a set of 4 spare kits with more available on request. However, we have found that children often feel more confident if they have their own kits brought in from home. If a child consistently forgets their PE kit the PE lead will intervene to find out why this may be the case and to consult with parents if appropriate. We will use data from the attendance register on the PE app to analyse who these children are and support appropriately.

### Safe Practice

All staff work to the accepted codes of practice in PE (ALPE). Risk assessments are in place for PE carried out in the hall and outside on the playground. Children must wear their hair tied back and remove all jewellery for PE. They wear trainers for outdoor PE and pumps for indoors where appropriate. Because the hall is a multi-use area, bare feet are not permitted. Children who forget their kit should use class spares. There are qualified first aiders in school who are known to staff. Each teacher also keeps a record of children in their class with medical conditions which may affect their ability to participate.

### Equal Opportunities and Inclusion

We teach PE to all children, whatever their ability race, gender or background to ensure children at our school receive a broad and balanced curriculum. Activities are differentiated using the STEP approach accordingly, to enable every child to access the lesson and be appropriately challenged. Where children have specific disabilities or health conditions, the school ensures that they can take an active part



in PE by modifying activities, equipment and/or providing adult support at necessary.

Date - May 2021



