## Primary Lunch Menu

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal <br> We provide a variety of seasonal hot and cold dishes for children to freely choose from | Homemade Vegetable Curry Served with Rice and Mango Chutney | Homemade Beef Lasagne served with Garlic Bread and Fresh Salad | Homemade Vegetable Stir Fry served with Noodles and Spring Rolls | Homemade Cajun Chicken served with Vegetable Rice and Corn on Cob | Fish Fingers or Fish Pie Served with Chips and Baked Beans |
| Alternative <br> Jacket potatoes with tuna and other fillings available daily | Tomato Pasta served with Green Beans | Red Onion Quiche | Twice Baked Jackets | Halloumi Fajita served with Salad | Veggie Sausage Roll |
| Homemade Soup | Chef Choice | Split Pea | Tomato and Basil | Chef Choice | Chef Choice |
| Starchy Food <br> Various bread choices available | Rice | Pasta | Noodles | Rice | Chips |
| Vegetables <br> Salad Bar with Hummus | Cabbage | Tomatoes | Peppers | Corn on Cob | Beans |
| Dessert <br> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time | Iced Shortbread <br> Fresh Fruit | Marble Cake with Fresh Cream <br> Fresh Fruit | Fresh Fruit Salad <br> Yoghurts | Fresh Fruit Pavlova <br> Fresh Fruit | Cheese and Crackers <br> Mixed Flavour Yoghurts |

## Ask for daily chef specials

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## Primary Lunch Menu

| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal <br> We provide a variety of seasonal hot and cold dishes for children to freely choose from | Homemade Wholemeal Pizza served with Wedges and Beans or Coleslaw | Homemade Spanish Chicken served with Rice and Green Beans | All Day Veggie Breakfast with <br> Veggie Sausage, Scrambled <br> Egg, Wholemeal Toast, <br> Mushrooms and Hash Brown | Meatball Sub Served with fresh Salad and Tortilla Chips | Homemade Battered Fish with Chips and Minted Mushy Peas |
| Alternative <br> Jacket potatoes with tuna and other fillings available daily | Pesto Pasta | Roasted Pepper Tomato Quiche | Veggie Chilli | Feta and Vegetable Pasta | Veggie Sausage Roll |
| Homemade Soup | Chef Choice | Split Pea | Chinese Sweetcorn | Leek and Potato | Chef Choice |
| Starchy Food <br> Various bread choices available | Homemade Pizza Base | Rice | Wholemeal Toast | Wholemeal Bread | Chips |
| Vegetables <br> Salad Bar with Hummus | Carrots | Green Beans | Mushrooms | Tomatoes and Cucumber | Mushy Peas |
| Dessert <br> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time | ‘Chocolate’ Fudge Cake <br> Fresh Fruit | Vanilla Cheesecake <br> Fresh Fruit | Fresh Fruit Salad <br> Yoghurts | Apple Flapjacks <br> Fresh Fruit | Cheese and Crackers <br> Mixed Flavour Yoghurts |

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## Primary Lunch Menu

| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal <br> We provide a variety of seasonal hot and cold dishes for children to freely choose from | Veggie Stir Fry served with <br> Noodles and Spring Rolls | Cumberland Sausage Slice served with Homemade Wedges and Brown Sauce | Caribbean Beef Curry served with Rice and Naan Bread | Chicken Goujon Wraps served with Potato Salad or Pasta Salad | Fish Cake or Fish Fingers and Chips served with Mushy Peas |
| Alternative <br> Jacket potatoes with tuna and other fillings available daily | Cherry Tomato Quiche served with Crisp Fresh Salad | Tuna Pasta with Cucumber and Red Onion | Veggie Sausage Toasties | Twice Baked Jacket Potatoes | Tandoori Salmon served with Pitta Bread |
| Homemade Soup | Chef Choice | Leek and Potato | Red pepper Soup | Tomato and Basil | Chef Choice |
| Starchy Food <br> Various bread choices available | Pasta | Homemade Wedges | Wholemeal Rice | Potato/Pasta | Chips |
| Vegetables <br> Salad Bar with Hummus | Tomatoes | Green Beans | Cabbage | Peppers | Mushy Peas |
| Dessert <br> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time | Ginger Biscuits <br> Fresh Fruit | Fresh Fruit Trifle <br> Fresh Fruit | Apple Pie with Double Cream <br> Yoghurts | Fresh Fruit Salad <br> Fresh Fruit | Cheese and Crackers <br> Mixed Flavour Yoghurts |

## Ask for daily chef specials

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## Primary Lunch Menu

| Week 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal <br> We provide a variety of seasonal hot and cold dishes for children to freely choose from | Homemade Pizza with Wholemeal Pizza Base served with Homemade Wedges and Salad | Homemade Beef Stifado served with Rice and Green Beans | Homemade Tomato and Basil Pasta served with Crusty Bread | Homemade Sausage and Mashed Potato with Onion Gravy, Peas, and Sweetcorn | Fish Fingers with Chips and Baked Beans |
| Alternative <br> Jacket potatoes with tuna and other fillings available daily | Broccoli and Cream Cheese Pasta Bake | Pesto Pasta | Salmon Fish Pie | Cheese and Tomato Toasties | Veggie Sausage Roll |
| Homemade Soup | Carrot and Coriander | Tomato and Basil | Red pepper Soup | Chef Choice | Chef Choice |
| Starchy Food <br> Various bread choices available | Pizza Base | Roast Potato | Pasta | Mashed Potato | Chips |
| Vegetables <br> Salad Bar with Hummus | Tomatoes | Seasonal Vegetables | Broccoli | Carrots | Baked Beans |
| Dessert <br> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time | Fresh Fruit Salad <br> Fresh Fruit | Cherry Bakewell Slice served with Custard <br> Fresh Fruit | Carrot Cake <br> Yoghurts | Fresh Fruit Jelly <br> Fresh Fruit | Cheese and Crackers <br> Mixed Flavour Yoghurts |

## Ask for daily chef specials

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## Primary Lunch Menu

| Week 5 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal <br> We provide a variety of seasonal hot and cold dishes for children to freely choose from | Vegetable Stir Fry served with Egg Noodles and Stir Fry Vegetables | Homemade Spaghetti <br> Bolognaise served with Fresh Garlic Bread | All Day Breakfast with <br> Sausage, Scrambled Egg, <br> Wholemeal Toast, <br> Mushrooms, Tomatoes | Royal Garden Party <br> Luxury Afternoon Tea with a Selection of Sandwiches to be enjoyed in the garden | Homemade Battered Fish with Chips and Minted Mushy Peas |
| Alternative <br> Jacket potatoes with tuna and other fillings available daily | Feta and Vegetable Pasta | Veggie spring Rolls with Sweet Chilli Sauce and Salad | Veggie Breakfast | Mini Quiche | Veggie Burger in a Bun |
| Homemade Soup | Chef Choice | Chinese Sweetcorn | Chefs Choice | Chef Choice | Chef Choice |
| Starchy Food <br> Various bread choices available | Noodles | Mash Potato | Wholemeal Toast | Wholemeal Bread | Chips |
| Vegetables <br> Salad Bar with Hummus | Carrots and Peppers | Green Beans | Mushrooms | Grated Carrot | Mushy Peas |
| Dessert <br> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time | Apple and Oat Crumble with Pouring Cream <br> Fresh Fruit | Ice Cream <br> Fresh Fruit | Sponge Cake with Custard <br> Yoghurts | Scones with Jam and Cream or Fruit Jelly Trifle <br> Strawberries | Cheese and Crackers <br> Mixed Flavour Yoghurts |

## Ask for daily chef specials

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## Primary Lunch Menu

| Week 6 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal <br> We provide a variety of seasonal hot and cold dishes for children to freely choose from | Homemade Pizza served with Wedges and Beans | Chef Choice | Homemade Chicken Tikka Curry served with Basmati Rice and Mango Chutney | Fish Fingers or Fish Cake served with Chips and Mushy Peas | End Of Year Buffet |
| Alternative <br> Jacket potatoes with tuna and other fillings available daily | Spanish Omelette | Chef Choice | Vegetable Stir Fry | Mini Cheese Omelette | Chef Choice |
| Homemade Soup | Chef Choice | Chef Choice | Broccoli and Cheddar | Chef Choice | Chef Choice |
| Starchy Food <br> Various bread choices available | Pizza Base | Chef Choice | Mash | Potatoes | Chips |
| Vegetables <br> Salad Bar with Hummus | Tomatoes | Chef Choice | Green Beans | Spring Onions | Chef Choice |
| Dessert <br> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time | Fresh Fruit Salad <br> Fresh Fruit | Chef Choice <br> Fresh Fruit | Sponge Cake topped with Jam and Whipped Cream <br> Yoghurts | Homemade Apple Crumble served with Custard <br> Fresh Fruit | Mixed Cupcakes <br> Mixed Flavour Yoghurts |

## Ask for daily chef specials

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## Primary Lunch Menu

| Week 7 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal <br> We provide a variety of seasonal hot and cold dishes for children to freely choose from | Chef Choice | Chef Choice |  |  |  |
| Alternative <br> Jacket potatoes with tuna and other fillings available daily | Chef Choice | Chef Choice |  |  |  |
| Homemade Soup | Chef Choice | Chef Choice |  |  |  |
| Starchy Food Various bread choices available | Chef Choice | Chef Choice |  |  |  |
| Vegetables <br> Salad Bar with Hummus | Chef Choice | Chef Choice |  |  |  |
| Dessert <br> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time | Chef Choice <br> Fresh Fruit | Chef Choice <br> Fresh Fruit |  |  |  |

## Ask for daily chef specials

All our meat is sourced from local suppliers, we use free range eggs and organic flour where possible. All our fruit and vegetables are locally sourced where possible. Halal options available

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