



Monksdown Mail

Where Children Come First



Our school's
Designated
Safeguarding
Leads : Ms Grice,
Mrs Price, Mrs Stewart

Friday 17th March 2023

British Science Week

This week we have been celebrating British Science Week and exploring the theme Connections. An initial assembly launched the week and the children were keen to get involved with activities which included STEM subjects : Science, Technology, Engineering and Mathematics. The work taught supported the Smashing Stereotypes Campaign and showcased how Science is for everyone whatever your interests, background or career path.

Sustainable Soaps, Confusing Cans and Noisy Neighbours were just some of the experiments and investigations carried out by the children.



Reduce, Reuse , Recycle

We welcomed Merseyside recycling team who delivered an informative assembly to Years 3 and 4. Our eco councillors then got to meet the team and ask questions and see their recycled friend up-close.



Our Stars!

- ★ N: Meadow Skindley
- ★ R.1: Scarlett Taylor
- ★ R.2: Annie Xu
- ★ R.3: Mailey Rahman
- ★ 1.1: Bogdan Russu
- ★ 1.2: Daniel Murphy
- ★ 1.3: Scarlett Brennan
- ★ 2.1: Maximus Graham Faulkner Brown
- ★ 2.2: Neveah Shaw
- ★ 2.3: Mason Collins
- ★ 3.1: Penelope Dutton
- ★ 3.2: Alfie Mawdsley
- ★ 3.3: Daisy Leigh
- ★ 4.1: Elisha Gálvez
- ★ 4.2: Madison Irvine
- ★ 4.3: Peter Abunene
- ★ 5.1: Armita Niknahad
- ★ 5.2: Lottie Watson
- ★ 5.3: Harvey Potter
- ★ 6.1: Milosz Swiecki
- ★ 6.2: Lucas Cain
- ★ 6.3: Olivia Morris

Parent/Carer Evenings

Monday 27th and
Tuesday 28th March
3.15pm-6.00pm

Class 1.2 Parent, Carer
Teacher Meetings
Monday 20th and
Tuesday 21st March

Dates for your diary

Monday 20th March

Class 4.2 Apple Store Movie Making Workshop

Monday 20th and Tuesday 21st March

Class 1.2 Parent, Carer Teacher Meetings

Wednesday 22nd March

2:15pm Year 3 Showcase

Monday 27th March

3.15-6.00pm Parent, Carer Teacher Meetings

Tuesday 28th March

3.15-6.00pm Parent, Carer Teacher Meetings

Friday 31st March

2.00pm School finishes for the Easter Holiday

Wednesday 26th April

2:15pm Year 1 Learning Showcase

Wednesday 14th June

2:15pm Year 4 Learning Showcase

Wednesday 28th June

2:15pm Year 5 Showcase



These boots are made for walking

If you have any unwanted trainers or football boots please can you bring them into school for Mr Corrigan to recycle.

COMIC RELIEF

Thank you for supporting Red Nose Day today.

The children enjoyed wearing touches of red to school.

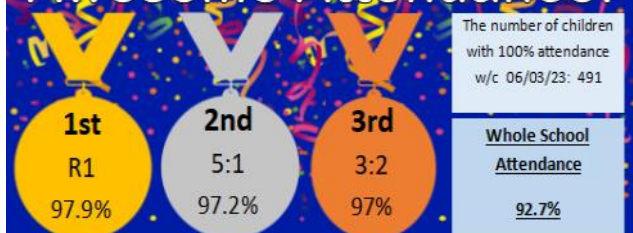
Swimming

Last swim for classes 4.1 and 5.3 is Friday 24th March 2023.



Next term classes 4.2 and 4.3 will have swimming every Friday morning.

Awesome Attendance!



Monty Mouse has been awarded to R1, 5.1 and 3.2 Well done!



Summer Uniform

With Spring officially in sight this month and the days slowly but surely getting longer, hopefully the cold, wet and bleak weather will rapidly pass and we can begin to leave those winter hats behind very soon .

As the warmer weather approaches children may start wearing the summer uniform as shown below:

Navy blue and white checked dress

Navy blue polo shirt with school logo

Grey shorts or jogging bottoms

Navy blue cardigan/jumper with grey striped neck with school logo

Navy blue, grey or white socks

Black sensible school shoes (suitable for polishing)



All items with school logo can be purchased from Brienda's Muirhead Avenue or F&J Uniform Shop. Other items may be purchased from local supermarkets.

Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here.

WHAT IS DIGITAL RESILIENCE?



Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

MAKE POSITIVE LIFESTYLE CHOICES



- Make time for the people and things that make you happy.
- Monitor your screen time and stick to your limits.
- On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- Spread some positivity: post good reviews, leave encouraging comments and share good news.

KEEP YOUR HEALTH IN MIND



- Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

REACH OUT FOR SUPPORT



- If you have a problem online, don't be afraid to reach out to specialist people or organisations that could help.
- Follow people on socials who have the same values and morals as you.
- You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

PUT SAFETY FIRST



- If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

GET THINGS CLEAR IN YOUR HEAD



- Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- Think about how it makes you feel when someone sends you a positive or funny message online.
- What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

Meet Our Expert

Cathy Angermeier is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. It's the founder of My Age Support, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



**National
Online
Safety**

#WakeUpWednesday



**slower speeds,
safer streets**



**Liverpool
City Council**

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Dear Parents/Guardians,

Due to a high number of complaints across the city we are having to issue another reminder to motorists about your responsibility as a driver to park responsibly. We need to share the road with all road users, especially the more vulnerable, and allow for safe access for pedestrians and cyclists.

Remember pupils need to see and be seen when crossing the roads so please think seriously about the location of the school and neighbourhood and consider ways you can help as a parent/guardian to improve their road safety.

If you use a vehicle to drop off and pick up your child from School, please consider parking further away from the entrance & exits in a safe legal place and walk the remainder of the journey.

Do Not Park on

- **School Keep Clear Zig Zags**
- **Double/Single Yellow Lines**
- **Close to junctions / Drop Kerbs**
- **Near School Crossing Patrol locations**
- **On Pavements**
- **Cycle Lanes**
- **In front of resident driveways**

Parking Services and Police may be in attendance near your school do not be abusive as they are doing their jobs at the requests of concerns raised regarding road safety of the pupils.





Date: 3 March 2023

Dear Parent or Guardian

The Easter HAF programme starts on the 3rd April and there are lots of great activities happening over the school holidays. Children and young people, who are eligible for benefits related free school meals, will be able to access hundreds of activities throughout the Easter break including specific provision available for children with SEND or additional needs, at no cost to you. There's a great range of activities across the city including **boxing, trampolining, football, music, dance, cycling, cooking, climbing, films, bowling, arts and crafts, drama, a make up course, trips out, Eurovision themed activities** and much more! Every day there will be a meal available for every child that attends.

To find out where your nearest scheme and all the details of what is on click on this link - <https://merseyplay.com/easter-haf-holiday-activities-food/> or visit www.Merseyplay.com and click on the Easter HAF link (available on Friday 10th March).

When you have chosen an activity, you will need to contact that organisation to book a place. Each organisation will have either a telephone number, email address or online booking system. If your child has any additional needs or dietary requirements then please discuss this with the organisation when you book. There is no central booking system so please read the details of the programmes on the website and ring the providers directly.

Liverpool City Council is working with the local schools, voluntary and community organisations, and childcare providers to provide the HAF programme. The programme is funded by the Department for Education. |

The Liverpool Family Information and SEND Directory also provides a wealth of useful information and support for families - [LFISD](#).

Regards

Sally Dobbing

Sally Dobbing - HAF Project Manager

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WELLBEING
CHARTER



INVESTORS
IN PEOPLE

Accredited
2019-2021

Monty the Mouse



Incentives

Meet Monty— He is awarded to the highest attending three classes every week. attendance. Children with the highest attendance will look after Monty for a week. Monty will bring with him some chocolate friends.

Children with 97% attendance will receive a certificate each term.

Children with 100% attendance will have the chance of winning some family experience vouchers for the cinema, theatre or Chester Zoo.

Classes with 100% attendance for the whole week will be rewarded with golden time, fun and games with the mentor or a special breakfast.

Children with improved attendance will enjoy a special breakfast.
PLUS, LOTS OF OTHER AWARDS AND REWARDS.

Contact Details

We do understand and appreciate that children pick up illnesses and it is not always easy to decide whether to send them into school or not. If your child is too ill to attend school then please contact us before the start of the day by sending a message using Study Bugs App, sending an email or telephoning the school office on **0151 226 1606**.

Attendance Team

Our Attendance Team are here to help. We are a group of professionals who want to do our best to support you to get your child into school as often as possible. We are here to help and answer any attendance related queries that you may have. If you need help getting your child to school, please contact a member of the Team who will be more than happy to help.



As you know, attendance at school is vital for all children.

There is a distinct link between those children who attend, and those who make the most progress.

Attendance YOUR ATTENTION PLEASE

We want to work together to ensure your child is able to attend school as often as possible. We rely on you to get your child to school every day to enjoy learning and be with their friends. We want to work in partnership with you to make a difference.

Did you know?

365 DAYS IN EACH YEAR	175 NON SCHOOL DAYS		175 days to spend on family time, visits, holidays, shopping, household jobs and other appointments.			
	10 days absence	19 days absence	29 days absence	38 days absence	47 days absence	
	190 SCHOOL DAYS IN EACH YEAR	180 DAYS OF EDUCATION	170 DAYS OF EDUCATION	161 DAYS OF EDUCATION	152 DAYS OF EDUCATION	143 DAYS OF EDUCATION
	100%	95%	90%	85%	80%	75%
	GOOD Best chance of success. Gets your child off to a flying start.	WORRYING Less chance of success. Makes it harder to make progress.			SERIOUS CONCERN Not fair on your child.	

Good Attendance

- 100% = 0 weeks learning missed
- 95% = 1 week 4 days learning missed

Poor Attendance

- 90% = 3 weeks 4 days of learning missed
At this level of absence your child will be classed as a persistent absentee.

At this level of absence the Education Welfare Officer (EWO) would be involved.

- 85% = 5 weeks 3 days of learning missed

If your child is absent from school for 1 week they would miss about 5 hours of Maths and 5 hours of English!

What should I do if my child is absent?

By law, schools must record absences and the reason given. You must contact us as soon as possible, on the first day of absence, with a reason for absence. The easiest way to do this is via the Study Bugs App. If no reason is recorded your child will receive an unauthorised mark.

Attendance Procedures

- We do not authorise absences without a good reason.
- If we have not heard from you then expect a telephone call or text message from us.
- We monitor attendance carefully and we will write to you if your child's attendance becomes a concern.
- If attendance problems continue we will ask you to meet with us to discuss the way forward and see how school can support you and your child.
- If all measures fail to lead to an improvement in attendance, we will refer your child to the EWO and this may ultimately lead to legal action being instigated.

Punctuality

Please make sure your child arrives at school on time each day. Doors open at 8.50am ready for lessons to begin at 8.55 am.



Do you know how much learning children miss out on?

Minutes late per day	Equal days worth of
5 Minutes	3.4 Days
10 Minutes	6.9 Days
15 Minutes	10.3 Days
20 Minutes	13.8 Days
30 Minutes	20.7 Days

How can you help?

- Ensure your child arrives on time.
- Prepare packed lunches, schools bag and breakfast items the night before.
- Make sure you set an alarm at a reasonable time to ensure you have enough time for getting everyone up and ready.