



Monksdown Bespoke SMSC Curriculum

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|--|---|---|--|---|---|--|
| School Values | I am respectful | | | | | |
| | I am resilient | | I am resourceful | | I am responsible | |
| Stay safe. Stay healthy. Year 1 | Class Charter Who keeps me safe. SMART – E Safety World Mental Health Day | Anti-Bullying week Fire Safety | Internet Safety day. Children’s Mental Health Week | Road Safety Mental Health Awareness week | Healthy relationships. NSPCC PANTS Stranger Danger Sports week Sun safety | Keeping safe outdoors. World Wellbeing week: Sports fun. Transition |
| British Values Jigsaw and Picture News | Democracy | | Rule of law | | Respect and Tolerance | Individual Liberty |
| RE | Believing (KS1 1-1) Who is a Christian and what do they believe? | Believing (KS1 1-2) Who is Jewish and what do they believe? (Part 1) | Believing (KS1 1-2) Who is Jewish and what do they believe? (Part 2) | Expressing (KS1 1-6) How and why do we celebrate special and sacred times? Easter | Living (KS1 1-7) What does it mean to belong to a faith community? | Living (KS1 1-8) How should we care for others and the world, and why does it matter? |
| PSHE | <u>Being me in my world</u> Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the Learning Charter | <u>Celebrating differences</u> Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone | <u>Dreams and Goals</u> Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner Tackling new challenges Identifying and overcoming obstacles Feelings of success | <u>Healthy Me</u> Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/safety with household items Road safety Linking health and happiness | <u>Relationships</u> Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships | Changing me (SRE) Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition |
| Protected characteristics | Piece 1 Family roles and responsibilities Picture News | Piece 1 Families Piece 6 Celebrating me Picture News | Picture News | Picture News | Picture News | Picture News |



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| Stay safe. Stay healthy. Year 2 | Class Charter Who keeps me safe. SMART – E Safety World Mental Health Day | Anti-Bullying week Fire Safety | | NSPCC PANTS Internet Safety day. Children’s Mental Health Week | Road Safety Mental Health Awareness week | | NSPCC PANTS Sports Week Sun safety | World Wellbeing week Sport fun Transition | |
| British Values Jigsaw and Picture News | Democracy | | | Rule of law | | | Respect and Tolerance | | Individual Liberty |
| RE | Believing (KS1 1-2) Who is a Muslim and what do they believe (Part 1) | Expressing (KS1 1-6) How and why do we celebrate special and sacred times? <u>Christmas</u> | H I S T O R Y A R T W E E K L I V E R P O O L A T | Believing (KS1 1-2) Who is a Muslim and what do they believe (Part 2) | Expressing (KS1 1-6) How and why do we celebrate special and sacred times? <u>Easter</u> | S C I E N C E W E E K | Believing (KS1 1-4) What can we learn from sacred books? | Expressing (KS1 1-5) What makes some places sacred? | |
| PSHE | Being me in my world Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings | Celebrating differences Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Gender diversity Celebrating difference and remaining friends | | Dreams and Goals Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success | Healthy Me Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food | | Relationships Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships | Changing me (SRE) Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition | |
| Protected characteristics | Picture News | Pieces 1 and 2 – Boys and Girls Picture News | | Picture News | Picture News | | Picture News | Picture News | |



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| Stay safe. Stay healthy. Year 3 | Class Charter Who keeps me safe. SMART – E Safety World Mental Health Day | Anti-Bullying week Fire Safety | W A R | | Internet Safety day. Children’s Mental Health Week | Mental Health Awareness week | | NSPCC: Speak out Stay Safe Sports Week Sun safety | World Wellbeing week: Sport fun Transition |
| British Values Jigsaw and Picture News | Democracy | | Rule of law | | | Respect and Tolerance | | Individual Liberty | |
| RE | Living (Lower KS2 : L2-3) What does it mean to be a Christian in Britain today? (Part 1) | Living (Lower KS2; L2-8) What does it mean to be a Hindu in Britain today? (Part 1) Expressing (Lower KS2; L2-5) Why is Diwali significant to Hindus? | H I S T O R Y | A R T W E E K | Believing (Lower KS2 : L2-2) Why is the Bible so important for Christians today? | Expressing (Lower KS2 : L2-5) What do Christians celebrate at Easter? | | Believing (Lower KS2 : L2-1) What do different people believe about God? | Expressing (Lower KS2; L2-4) Why do people pray? |
| PSHE | Being me in my world Setting personal goals Self-identity and worth Positivity in challenges Rules, rights and responsibilities Rewards and consequences Responsible choices Seeing things from others’ perspectives | Celebrating differences Families and their differences Family conflict and how to manage it (child-centred) Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving compliments | L I V E R P O O L | | Dreams and Goals Difficult challenges and achieving success Dreams and ambitions New challenges Motivation and enthusiasm Recognising and trying to overcome obstacles Evaluating learning processes Managing feelings Simple budgeting | Healthy Me Exercise Fitness challenges Food labelling and healthy swaps Attitudes towards drugs Keeping safe and why it’s important online and off line scenarios Respect for myself and others Healthy and safe choices | | Relationships Family roles and responsibilities Friendship and negotiation Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends | Changing me (SRE) How babies grow Understanding a baby’s needs Outside body changes Inside body changes Family stereotypes Challenging my ideas Preparing for transition |
| Protected characteristics | Picture News | Piece 5 - Gender diversity Piece 1 – Families Picture News | | W A R | Picture News | Picture News | | Picture News | Picture News |



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|--|--|--|---------------------------------|---------------------------------|---|---|---------------------------------|---|--|
| Stay safe. Stay healthy. Year 4 | Class Charter Who keeps me safe. SMART – E Safety World Mental Health Day | Anti-Bullying week Fire Safety | | | NSPCC: Speak out Stay Safe Internet Safety day. Children’s Mental Health Week | Smoking and Alcohol misuse. Mental Health Awareness week | | NSPCC Speak out Stay safe Sports Week Sun safety | World Wellbeing week: Sport fun Transition |
| British Values Jigsaw and Picture News | Democracy | | Rule of law | | | Respect and Tolerance | | Individual Liberty | |
| RE | Living (Lower KS2; L2-8) What does it mean to be a Hindu in Britain today? (Part 2) | Living (Lower KS2 : L2-3) What does it mean to be a Christian in Britain today? | H I S T O R Y | A R T W E E K | Expressing (Lower KS2 : L2-5) Why are festivals important to religious communities? | Believing (Lower KS2; L2-3) Why is Jesus inspiring to some people? | S C I E N C E | Living (Lower KS2 : L2-9) What can we learn from religions about deciding what is right and wrong? | Expressing (Lower KS2; L2-6) Why do some people think that life is like a journey and what significant experiences mark this? |
| PSHE | Being me in my world Being part of a class team Being a school citizen Rights, responsibilities and democracy (school council) Rewards and consequences Group decision-making Having a voice What motivates behaviour | Celebrating differences Challenging assumptions Judging by appearance Accepting self and others Understanding influences Understanding bullying Problem-solving Identifying how special and unique everyone is First impressions | | | L I V E R P O O L | Dreams and Goals Hopes and dreams Overcoming disappointment Creating new, realistic dreams Achieving goals Working in a group Celebrating contributions Resilience Positive attitudes | | Healthy Me Healthier friendships Group dynamics Smoking Alcohol Assertiveness Peer pressure Celebrating inner strength | W E E K |
| Protected characteristics | Picture News | Piece 5 – gender diversity Picture News | | | Picture News | Picture News | | Picture News | Picture News |



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| Stay safe. Stay healthy. Year 5 | Class Charter Who keeps me safe. SMART – E Safety Hate crime awareness Bike ability World Mental Health Day | Anti-Bullying week Fire Safety | W A R | | NSPCC: Speak out Stay Safe Internet Safety day. Children’s Mental Health Week | Mental Health Awareness week Aerial Trust: Send me a selfie internet safety | | Taking personal responsibility: Drugs and unhealthy behaviour County Lines Online gaming and gambling NSPCC Speak out Stay safe Sports week | World Wellbeing week: Sports fun |
| British Values Jigsaw and Picture News | Democracy | | Rule of law | | | Respect and Tolerance | | Individual Liberty | |
| RE | Believing (Upper KS2;U2-1) Why do some people believe God exists? | Living (Upper KS2; U2-6) What does it mean to be a Muslim in Britain today? (Part 1) | H I S T O R Y | A R T W E E K | Living (Upper KS2; U2-7) What matters most to Christians and to Humanists? | Believing (Upper KS2; U2-2) What would Jesus do? Can we live by the values of Jesus in the twenty-first century? | S C I E N C E | Expressing ((Upper KS2; U2-4) If God is everywhere, why go to a place of worship? | |
| PSHE | Being me in my world Planning the forthcoming year Being a citizen Rights and responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, participating | Celebrating differences Cultural differences and how they can cause conflict Racism Rumours and name-calling Types of bullying Material wealth and happiness Enjoying and respecting other cultures | L I V E R P O O L | K | Dreams and Goals Future dreams The importance of money Jobs and careers Dream job and how to get there Goals in different cultures Supporting others (charity) Motivation | Healthy Me Smoking, including vaping Alcohol Alcohol and anti-social behaviour Emergency aid Body image Relationships with food Healthy choices Motivation and behaviour | W E E K | Relationships Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming and gambling Reducing screen time Dangers of online grooming SMARTT internet safety rules | Changing me (SRE) Self- and body image Influence of online and media on body image Puberty for girls Puberty for boys Conception (including IVF) Growing Responsibility Coping with change Preparing for transition |
| Protected characteristics | Picture News | Piece 2 – Racism Piece 1 – Different Cultures | A T W A R | | Raising Aspirations – Careers and future goals Picture News | Picture News | | Picture News | Picture News |



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| Stay safe Stay Healthy Year 6 | Class charter Who keeps me safe SMART – E-safety Hate crime awareness World Mental Health Day | Anti – Bullying week Fire Safety | | NSPCC: Speak Stay Safe Internet safety day Skills to resist radicalisation-Aerial Trust Children’s mental Health Week | Mental Health Awareness week | | Taking personal responsibility: Exploitation / County Lines Grassing or Grooming Substance abuse Gang culture NSPCC Speak out Stay safe Sports week | World Wellbeing week: Transition |
| British Values Jigsaw and Picture News | Democracy | | Rule of law | | Respect and Tolerance | | | Individual Liberty |
| RE | Living (Upper KS2; U2-6) What does it mean to be a Muslim in Britain today? | Living (Upper KS2; U2-8) What difference does it make to believe in Ahimsa (harmlessness), Grace (the generosity of God), and Ummah (community)? | A R T W E E K | Expressing (Upper KS2; L2-5) Is it better to express your religion in arts and architecture or in charity and generosity? | | S C I E N C E W E E K | Believing (Upper KS2; U2-3) What do religions say to us when life gets hard? | |
| PSHE | Being me in my world Global citizenship Children’s universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling | Celebrating differences Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/exclusion Differences as conflict, difference as celebration Empathy | | Dreams and Goals Personal learning goals, in and out of school Success criteria Emotions Making a difference in the world Motivation Recognising achievements Compliments | Healthy Me Taking personal responsibility How substances affect the body Exploitation, including ‘county lines’ and gang culture Emotional and mental health Managing stress | | Relationships Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety T:ake responsibility with technology use | Changing me (SRE) Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition |
| Protected characteristics | Picture News | Piece 3 – Power Struggles Piece 2 – Understanding difference Piece 5 – Celebrating Difference Piece 4 – Boyfriends and Girlfriends Picture News | | Picture News | Picture News | | Picture News | Picture News |



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