

# <u>Monksdown Mail</u>

Where Children Come First

Friday 16th May 2025

Dear Families of Monksdown,

What a busy but truly wonderful half term it has been here at school! We've packed so much into the last few weeks and there's a great deal for us all to be proud of. From hosting a fantastic World Earth Day event that saw the whole school come together to learn about protecting our planet, to Year 6 tackling their SATs with determination and resilience, our children have been nothing short of amazing. We also celebrated the 80th anniversary of VE Day in style, with a poignant assembly and engaging VE Day lessons that brought history to life. Our pupils have enjoyed various trips out, represented the school brilliantly in sports competitions, and wowed us with their talents during the parent showcases. Thank you to everyone who helped make these events such a success!

We've also had the pleasure of welcoming a range of visitors into school this half term, from local community leaders, assembly presenter sand educational specialists. Time and time again, we've heard the same wonderful feedback: our children are confident, articulate, and incredibly polite. It's always a joy to see the pride they take in sharing their learning and showing visitors around. These compliments are a testament to the children's hard work, the support of our families, and the dedication of our staff in nurturing a positive and respectful school culture.

As we enter the final half term of the school year, there is still so much to look forward to! One of the most anticipated events is our Harry Potter Day, where children (and staff!) will be stepping into the world of magic for a day of themed activities and fun. We also have Sports Day coming up—a brilliant opportunity to celebrate teamwork, perseverance, and school spirit. And of course, our class swaps will give children a chance to meet their new teachers and get a taste of what's to come next year.

Let's make this final half term one to remember! Enjoy Half Term and we look forward to seeing you all back on Monday 9th June.

Mrs. Price

Designated Safeguarding Leads:



## Our Stars!

Nursery	Finley Caveney				
R1	Bella Taylor				
R2	Liana Omed Bahrami				
R3	Fryaz Ahmed				
1.1	Hanifa Cibiz				
1.2	Melanie Williams				
1.3	Vincent Mlambo				
2.1	Erin Giles				
2.2	Daria Avadanei				
2.3	Nevaeh Calvert				
3.1	Leo Madine				
3.2	Harrison Potter				
3.3	Mylah Hill-Murray				
4.1	Eren Erdogan				
4.2	Darcey Griffin				
4.3	Spencer Standaloft				
5.1	Lucas Campbell				
5.2	Elizabeth Sikipa				
5.3	Ruby Wheeler				
6.1	Nathaniel Adepoju				
6.2	Millie Usher				
6.3	Jovina Ramesh				

### **Important Dates**

#### **Starting Monday 9th June**

Y1 Phonics Screening Check Y4 Multiplication Tables Check 5.1 Bike-a-bility

Monday 9th June—5.1 Showcase Wednesday 10th June –5.2 Showcase

Thursday 11th June—5.3 Showcase
All a 2:30PM

#### **Monday 16th June**

New to Nursery Parents meeting

5pm-6pm

New to Reception Parents Meeting

New to Reception Parents Meeting 6pm-7pm

Friday 20th June
Harry Potter Day



## **Lunch Menu Week 1**



w/c 2 <sup>nd</sup> June	Maret Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
SOUP	Chef Choice	Red Pepper	Tomato & Basil	Broccoli & Cheddar	Leek & Potato	
HOT MAINS	wholemeal Pizza & Wedges	Spanish Chicken Tray Bake with Wholegrain Rice	All Day Breakfast with Brown Toast	Beef Spaghetti Bolognese with Garlic Bread	Fish Fingers with Chips & Garden Peas	
	Roasted Red Pepper Quiche	Meat Free Burritos	Tomato & Basil Pasta	Twice Baked Jacket Potatoes with Beans	welsh Rarebit	
CHEF SPECIAL	Ask Chef about todays special!					
DESSERT	Ginger Biscuits	Flapjacks	Fresh Fruit Yoghurt Crunch Pots	Pineapple & Coconut Sponge	Barabrith ©	



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.

All menus are checked by a nutritionist and adhere to School Food

Standards.



Vegetarian

Vegan

Oily fish



## Lunch Menu Week 2



w/c 9 <sup>th</sup> June	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
SOUP	Carrot & Coriander	Broccoli & Cheddar	Chef Choice	Pea	Chinese Sweetcorn	
HOT MAINS	Cheese & Onion Plate Pie with New Potatoes & Peas	Chinese Chicken Curry with Brown Rice, Green Beans & Prawn Crackers	Cumberland Sausage Slice with Wedges & Beans	Beef Chilli Tacos with Tortilla Chips	Fish Fingers with Chips & Garden Peas	
, io i ilianio	Cheesy Beans Pasta Bake	Puy Lentil Shepherds Pie with Peas	Spicy Singapore Noodles	Vegan Jambalaya	Veggie Sausage Roll	
CHEF SPECIAL	Ask Chef about todays special!					
DESSERT	Fresh Fruit Salad	Rich 'Chocolate' Cookies	Iced Sponge with Custard	Sticky Toffee Pudding	Cheese & Crackers	



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.

All menus are checked by a nutritionist and adhere to School Food

Standards.

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Vegetarian

V9

Vegan

05%

Oily fish

## **School Summer Uniform**

- Navy blue cardigan/jumper with grey stripe at the neck with school logo
- Navy Polo Shirt with school logo
- Grey skirt / Grey trousers
- Navy and white checked dress
- Grey, Navy or White socks
- Black sensible school shoes (suitable for polishing)
- No trainers









## **Online Payments**

Dinners can now be paid for via School Money online.

If you have not received your log in details please contact the school office where we will be happy to help.

## **Road Safety**

If your child rides their bike or scooter to school, please talk to them about road safety and being very careful on their journey. Helmets should be worn for protection at all times.

## **Library Times**

The library is open for children and parents on the following days

Monday—Nursery and Reception

Tuesday Year 1 and Year 2

Wednesday Years 3-6

## **Ellergreen Young Peoples Project**

Ellergreen provide open access youth sessions in Norris Green and are available on the following days and times for Years 3,4,5 and 6.

They ask that you please note the sessions are at Scargreen Pavilion—not at the community centre



MONDAY'S SESSION:

AGES 8+

SCHOOL YEARS 3, 4 & 5 WELCOME
6:30PM - 8:30PM
INDOOR AND OUTDOOR ACTIVITIES

SESSION ALLOCATION MAY CHANGE BASED ON STAFF DISCRETION, PER CHILD FOR THE BEST INTEREST OF EACH INDIVIDUAL



WEDNESDAY'S SESSION:
SCHOOL YEARS 9, 10, 11
TO AGES 18 WELCOME
6:30PM - 8:30PM
INDOOR AND OUTDOOR ACTIVITIES

SESSION ALLOCATION MAY CHANGE BASED ON STAFF DISCRETION, PER CHILD FOR THE BEST INTEREST OF EACH INDIVIDUAL



TUESDAY'S SESSION:
SCHOOL YEARS 6, 7 & 8 WELCOME
6:30PM - 8:30PM
INDOOR AND OUTDOOR ACTIVITIES

SESSION ALLOCATION MAY CHANGE BASED ON STAFF DISCRETION, PER CHILD FOR THE BEST INTEREST OF EACH INDIVIDUAL



WE ARE LOCATED:
SCARGREEN PAVILLION
SCARGREEN PLAYING FIELDS
ENTRANCE OF SHOTTESBROOK GREEN
L11 3AZ



# ONLINE SAFETY NEWSLETTER

# SAFE APP DOWNLOADS - CHECKING APP RATINGS AND PERMISSIONS

ISSUE 5

#### SAFE APP DOWNLOADS

There are countless apps readily available for download on all types of devices. Children often hear of apps through word of mouth, ads or watching a content creator promote

To make sure an app is safe to use, keep these things in mind:

- · Check ratings When your child wants to download an app, review the ratings carefully. Keep an eye out for inappropriate content, in-app purchases and targeted ads.
- · Permissions Check what permissions an app is asking for. Look out for permissions involving camera access and personal data, disable any that you don't want accepted.





#### ONLINE SAFETY HUB – IN-APP PURCHASES

Through the Online Safety Hub, you can learn more about in- Scanthe QR app purchases. In-app purchases are a big concern for parents, as some apps encourage the spending of real more: money for in-game items or currency.

It is important to monitor and manage the apps your child is using to avoid being met with a nasty surprise on your next bank statement. Ensure you have turned off in-app purchases 🖁 for the apps they use through their device settings.

code to find out



### APP SPOTLIGHT - ROBLOX



This week's app spotlight is Roblox. Roblox continues to be one of the most popular games played by children. It is an incredibly diverse platform with lots of activities for children. However, due to in-app purchases and the potential risks posed by strangers, its use should be carefully monitored.

- Make your own Roblox account. This gives you parental controls.
- Ensure your child's birth date is correct, this allows for agerestrictions.
- Disable in-app purchases or set a spending limit through parental controls.

Scan the OR code to learn



# NEWSLETTER



BEAUTIFUL NEW BEGINNINGS CIC MAY 14TH 2025

**UPCOMING FULLY FUNDED OR DONATION BASED EVENTS** 

## CHILDREN'S WELLBEING EVENTS

Children's Meditation & Holistic Wellbeing Sessions West Derby, 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of the month 7pm, all year round.

Girl's Water Wellbeing Broadgreen, Thursdays 7.45pm, term time only.

Baby Massage, West Derby. Next fully funded course begins 4th June.





## ADULT'S WELLBEING EVENTS

Wellbeing Wisdom Workshop, Fazakerley Federation 6<sup>th</sup> June 9.30am. Learn and enjoy a variety of holistic wellbeing strategies to bring happiness and peace to your day.

Adult Only Meditation with Theta Healing, West Derby 10th June 7.40pm and every second Tuesday of the month.

## COFFEE EVENINGS

SEND parents and carers coffee evening with relaxation meditation 7-9pm 27th May, West Derby. Last Tuesday of every month with a different guest speaker or focus.





Full information and future dates for all events can be found on the website. Please note that most events are limited in numbers so please book quickly to avoid disappointment.

All events must be booked. To book use the QR code to go to the events page or visit www.beautifulnewbeginnings.co.uk/events We cant wait to welcome you!

# NEWSLETTER



BEAUTIFUL NEW BEGINNINGS CIC MAY 14TH 2025

**UPCOMING FULLY FUNDED OR DONATION BASED EVENTS** 

## FOREST SCHOOL

All forest school locations run term time.

Little Wood Stockbridge, Mondays 10am. Norris Green Park, Tuesdays 10am.

Tower Hill Eco Therapy Garden Kirkby, Wednesdays 10am & 12pm

Karonga Gardens Fazakerley, Thursdays 10.30am. Court Farm Woods Halewood, Fridays 10am & 12pm





## **COMMUNITY WALKS**

Everyone is welcome on our community walks. Currently running once per month in these locations. Dates vary.

Wellbeing Walk, Croxteth Park 2<sup>nd</sup> June 10am Wellbeing Walk, Calderstones Park 4<sup>th</sup> June 1pm

### ONLINE EVENTS

Anxiety; Tools and Techniques for Young Minds, 23rd May 10am, counsellor led.

Starting School Early Years, 5th June 7pm, EYFS specialist led.

## STAY AND PLAY

Rainhill Village Hall every Thursday term time 9am-11am Millennium Centre West Derby every Friday term time 1pm-2.30pm





Full information and future dates for all events can be found on the website. Please note that most events are limited in numbers so please book quickly to avoid disappointment.

All events must be booked. To book use the QR code to go to the events page or visit www.beautifulnewbeginnings.co.uk/events We cant wait to welcome you!

## Beautiful New Beginnings—May 2025 community Initiatives

On the Following three pages there are a a number of fantastic community initiatives taking place throughout May 2025 that are designed to support the wellbeing of children, young people, and their families. These events are hosted by Beautiful New Beginnings (BNB) and include a variety of holistic, therapeutic, and inclusive activities that promote emotional, mental, and physical wellbeing.

From forest school adventures and guided wellbeing walks to mindfulness sessions and parent support groups, there is something for everyone, whether you're supporting a child with additional needs, looking to improve family wellbeing, or simply want to enjoy meaningful time outdoors.

#### **MEDITATION & HOLISTIC WELLBEING SESSIONS**

Tue 06 May | St Mary's Millennium Centre(middle room)

DONATION BASED: for boys and girls age 10-17 to empower children feel great emotionally, physically, mentally.

Link - <a href="https://www.beautifulnewbeginnings.co.uk/event-details/teen-meditation-holistic-wellbeing-sessions-2025-05-06-19-00">https://www.beautifulnewbeginnings.co.uk/event-details/teen-meditation-holistic-wellbeing-sessions-2025-05-06-19-00</a>

#### Forest School Tower Hill (Eco-Therapy Garden)

Wed 07 May | L33 1XT

Forest School Tower Hill provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!

Link - <a href="https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-tower-hill-eco-therapy-garden-2025-05-07-10-00">https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-tower-hill-eco-therapy-garden-2025-05-07-10-00</a>

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#### **Calderstones Wellbeing Walk - Counsellor Led**

Wed 07 May | Liverpool

Join us for a gentle, guided wellbeing walk through the beautiful Calderstones Park, led by a professional counsellor. This walk offers a calm and supportive space to connect with nature, reflect, and engage in light conversation around mental wellbeing.

Link - <a href="https://www.beautifulnewbeginnings.co.uk/event-details/calderstones-wellbeing-walk-counsellor-led-2025-05-07-13-00">https://www.beautifulnewbeginnings.co.uk/event-details/calderstones-wellbeing-walk-counsellor-led-2025-05-07-13-00</a>

#### **Forest School Karonga Gardens**

Thu 08 May | L10 9LL

Forest School Norris Green Park provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!

Link - <a href="https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-karonga-gardens-2025-05-08-10-30">https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-karonga-gardens-2025-05-08-10-30</a>

#### **Girls Only Water Wellbeing Session**

Thu 08 May | Dixons Broadgreen Academy

This fun and empowering swim session combined with water-based mindfulness activities, helping to build confidence, improve physical wellbeing, and encourage connection with others in a supportive, all-girls environment.

Link - <a href="https://www.beautifulnewbeginnings.co.uk/event-details/girls-only-water-wellbeing-session-2025-05-08-19-45">https://www.beautifulnewbeginnings.co.uk/event-details/girls-only-water-wellbeing-session-2025-05-08-19-45</a>

#### **Forest School Court Farm Woods**

Fri 09 May | L26 6LD

Forest School Court Farm Woods provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!

Link - <a href="https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-court-farm-woods-2025-05-09-10-00">https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-court-farm-woods-2025-05-09-10-00</a>

#### **Stay and Play West Derby**

Fri 09 May | St Mary's Millennium Centre

What to expect – Apart from tea, toast and a very warm welcome, you can expect your little one to have lots of fun! The session is run by Early Years Teachers so there'll be plenty of play based learning, songs, rhymes, games, crafts and activities to engage your little ones!

https://www.beautifulnewbeginnings.co.uk/event-details/stay-and-play-west-derby-2025-05-09-13-00

#### CHILDREN'S MEDITATION & HOLISTIC WELLBEING SESSION WITH GOODY BAG & MORE!

Sun 11 May | Maghull Community Association

Join us at Maghull Community Association for a children's wellbeing session with meditation, mindfulness, breathwork, positive affirmations, wellbeing goody bag and the option for taster holistic therapies for both adults and children, plus lots more!

Link - <a href="https://www.beautifulnewbeginnings.co.uk/event-details/childrens-meditation-holistic-wellbeing-session-with-goody-bag-more">https://www.beautifulnewbeginnings.co.uk/event-details/childrens-meditation-holistic-wellbeing-session-with-goody-bag-more</a>

#### **Forest School Little Wood**

Mon 12 May | L28 4ED

Forest School Little Wood provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!

Link - <a href="https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-little-wood-2025-05-12-10-00">https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-little-wood-2025-05-12-10-00</a>

#### **ADULTS MEDITATION CLASS WITH THETA HEALING**

Tue 13 May | St Mary's Millennium Centre(middle room)

Every second Tuesday of the month. A deeply relaxing meditation session with energy healing to support in releasing subconscious blocks and self limiting beliefs and replace with positive feeling downloads plus more!

Link - <a href="https://www.beautifulnewbeginnings.co.uk/event-details/adults-meditation-class-with-theta-healing-2025-05-13-19-40">https://www.beautifulnewbeginnings.co.uk/event-details/adults-meditation-class-with-theta-healing-2025-05-13-19-40</a>

#### **Anxiety - Tools & Techniques For Young Minds**

Fri 23 May | https://us06web.zoom.us/j/89609837064?pwd=E

Join one of our BNB counsellors Clare Bowers for a practical and supportive session designed to help young people better understand anxiety and learn simple, effective tools to manage it.

Link - <a href="https://www.beautifulnewbeginnings.co.uk/event-details/anxiety-tools-techniques-for-young-minds">https://www.beautifulnewbeginnings.co.uk/event-details/anxiety-tools-techniques-for-young-minds</a>

#### SEND PARENTS COFFEE EVENING with relaxation meditation

Tue 27 May | St Mary's Millennium Centre(middle room)

Has your child been diagnosed with an additional need or disability or are you currently on a waiting list? Come along to our coffee evening, meet other parents and carers, share your experiences and listen to our guest speakers who are there to support and guide you on the journey.

**Link** - <a href="https://www.beautifulnewbeginnings.co.uk/event-details/send-parents-coffee-evening-with-relaxation-meditation">https://www.beautifulnewbeginnings.co.uk/event-details/send-parents-coffee-evening-with-relaxation-meditation</a>



Clubmoor Children's Centre, Utting Avenue East, L11 1DQ, to book a session please call 01512338500

Spring 2025 timetable - April - July



#### Monday

Welcome to Play - 10.00-12.00pm -

A fun and interactive session were you can learn how to promote your child's development through play. Suitable for ages 0-5 years.

This service is booking only.

Early Communication Groups Level 2 & 3

- Level 2 10am 10.45am
- Level 3 11am-11.45am

Support group for children with Early Communication difficulties.

This service is booking only

You & Me, Mum - 12.30 - 2.30pm

This service is booking only.

Crerbe Provided

Confidence course - 12.30 - 2.30pm

4 week course, join us to boost your confidence with expert guidance and practical activities.

This service is booking only

1<sup>st</sup> Monday of each month.

SEND Support sessions available for children with additional needs.

This service is booking only

#### Tuesday

Early Notification Service SEND support, advice and guidance - 10am

This service is booking only.

Baby Massage - 10am -11.15am A relaxing session that gives you and your baby some quality time to bond.

Little Communicators - 10am -11am A stay and play session for children presenting with speech and language delay. 18 months.

Booking not needed.

Musical Movers - 1.30pm - 2.30pm A fun music session for children and parents.

This service is booking only.

Bambi's Breastfeeding Group - 1.15pm -2.45pm - Join our Stay and Play group whils our peer support workers give advice on breastfeeding and feeding support.

Booking not needed.

Early Communication Group Level 1 -1pm - 1,45pm

Support group for children with Early Communication difficulties. This service is booking only

Health Visitor Drop In Service - 1.30pm 2.30pm

A drop in service provided by our Health visitors for you to ask any questions about your child's health needs.

Run by your Health Visitor team

Dads Club 10am-12pm

Rased in Glubmoor
Centre, Run by Everton in the Community and
Liverpool CFA Dads club is a great opportunity for
dads to spend quality time with their children.
Dads Club is held on the last Saturday of each

#### Wednesday

Nurture Programme - 9.30am - 11.30am

10 week programme which helps adults understand and support their child's feelings and behaviour and become a more positive

This service is booking only.

Storytime - 10.30am - 11.15am -Norris Green Library.

A fun reading session with our staff held in your local library.

Tiny Tasters - 6 weeks course - 1.30pm - 2.30pm - Starts April 2025

Join our healthy food programme with your child and learn to make healthy meals for children 18 months to 4 years, prepare and make recipes to taste and enjoy.

This service is booking only

Mighty Movers - 6 week course - 1.30pm - 2.30pm - Starts June 2025

Active play explores movement and music for children from age 2yrs -4yrs. Learn new ideas and activities to do at home with the

This service is booking only

PSS "A Happier You" Stay & Play Group - 1,15pm -

A group for children 0-2 years old. A wellness support - stay and play session. Ran by PSS.

Booking not needed.

You can visit our electronic timetable by scanning this QR code



### Thursday All About Baby – Under 1's group 10am -11am

Booking not needed.

SWAN Group - 1.30pm -2.30pm

nsory playgroup for children with

Booking not needed.

LivPAC - 10am - 2.30pm

This service is booking only.

Splash & Play - 12pm -1pm.

A fun splash session held at Ellergreen Leisure Centre children 0-4 years

This service is booking only

Introduction to solids – 1pm – 2,15pm – 3rd Thursday of the month

Please see other side for further information.

Baby Café - 1pm - 2.15pm - 4th Thursday of the month

see other side for further

Welcome to the World Program

5 week programme, prepare for your new arrival with guidance and support in a friendly environment.

This service is booking only

#### Friday Stay & Play Group - 9.30am - 10.45am.

A group for children 0-5. Prepare your child to be ready for school through fun and learning.

Booking not needed.

Mum and Baby Yoga - 12.00pm -12.50pm - Yoga Session for parents.

This service is booking only.

An opportunity for mums to relax while engaging their babies, suitable for infants up to 12 months old.

Sleep Course Training — 1pm - 3pm - 2 week course.

Please contact the centre for a space on the

Dates and details on reverse page

This service is booking only.

The Next Step-12.30pm-2.30pm

A 4 week programme to provide furth understanding and awareness around Domestic Abuse.

This service is booking only.

Triple P - Baby Parent Programme 12.30 - 2.30pm

Gain parenting skills and confidence in caring for your baby with practical tips and

This service is booking only -

Targeted Support in the Community - Our team will be out and about in the community, please say hello if you see them.

#### Monday

### **Merseyside Domestic**

Free confidential, advice & support for anything related to Domestic abuse.

Booking not needed.

Self-confidence course - 12.30 -2.30pm -

4 week course.

Join us to boost your confidence with expert guidance and practical activities.

This service is booking only -Creche Provided.

> If you're expecting a baby and our centre or receive any information, please call and make an appointment with one

Scan the QR Codes for our Instagram &





#### Tuesday

Are you expecting a baby? Come ong and join us for our antenatal ssions covering baby development, care, safe seping & infant feeding, run over two session

- 1st & 8th April 25
- 6th & 13th May 25
- 3rd & 10th June 25

This service is booking only

Torus Foundation Drop-in Employment & Skills Team



lelp to build a CV Career guidance & job insights Find training opportunities

- Tuesday 22th April Tuesday 27th May Tuesday 24th June Tuesday 22th July
- Torus Foundation Drop-in Health & Wellbeing Support

Mental & physical health support Free blood pressure checks Support with reducing social isolation

Tuesday 8th April Tuesday 13th May Tuesday 10th June Tuesday 8th July



Clubmoor Bridge Intervention 2nd and 4th Tuesday of the

month starting 6th May 25, 11am-2pm The Clubmoor Bridge intervention service around benefit advice, including support with DLA, PIP, housing and GP support for parents and families

Contact centre to book a slot

#### Wednesday

Tiny Tasters - 6 weeks course - 1.30pm - 2.30pm - Starts April 2025

Active play explores movement and music for children from age 2yrs -4yrs. Learn new ideas and activities to do at home with the children.





Every 6 weeks 10am-1pm

Want to know more about Property Pool Plus? Need to report a repair? Or how to report anti-social hehaviour?

## Cobalt

#### Clubmoor Sensory Room

and can be a great way to develop emotional regulation or just to relax, have fun and enjoy the

space! To book the Sensory Room contact our team on 0151-233-8500 open every day 9.30am - 3.30pm

Clubmoor & Ellergreen have support for you

For further information please call 0151-233-8500

### Thursday/Friday

Session held for parents to help you recognise the signs that your baby is ready for solid foods.

Run by your Health Visitor team

#### Baby Cafe - 1pm - 2.15pm

- Thursday 24th April

Thursday 26th June

A session held for your baby all about good foods. This service is booking only

### Triple P for Baby - 12.30 - 2.30pm -

Triple P for Baby helps parents of babies under a year old, offering practical information at a time of great change for families.

This service is booking only

Welcome to the World Programme -4pm-6pm - June 2025



SOLID FOOD

6

Triple P

5 week programme, prepare for your new arrival with guidance and support in a friendly environ-

This service is booking only

#### Sleep Course Training

Starts Friday 25th April - 1pm – 3pm Starts Friday 30th May - 1pm – 3pm Starts Friday 27th June - 1pm – 3pm Starts Friday 25th July - 1pm – 3pm



Talking about the importance of sleep and top tips to help your little one sleep through the night!

This service is booking only

#### Tuesday, 4:00pm - 6pm

Violence Family Service

would like to be shown around of our team 0151-233-8500

Facebook pages





Join our healthy food programme with your child and learn to make healthy meals for children 18 months to 4 years, prepare and make recipes to taste and enjoy.

This service is booking only

Mighty Movers - 6 week course - 1.30pm - 2.30pm - Starts June 2025

This service is booking only

Cobalt Housing Drop-in

Thursday 10th April Thursday 22nd May Thursday 3rd July

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Using our sensory room is a great way to support your child's need for sensory input and stimulation

Domestic Abuse If you have experienced domestic abuse

## **Dentist Places Available for Children on NHS**



Croxteth Dental Centre have asked us to inform our Parents that they are now accepting children on the NHS to their practice.

40 Croxteth Hall Lane, Liverpool L11 4SH

Email: <a href="mailto:croxteth@smartdentalcare.co.uk">croxteth@smartdentalcare.co.uk</a>

Website: www.smartdentalcare.co.uk

Tel: 0151-546-0977





## **SEND Support Contact Details**

Educational Psychologist - 0151 225 6664

ADHD Foundation - 0151 237 2661

ASD Training Team: - 07522800193 / 07515501854

Speech and Language Therapy - 0151 237 2661

SENISS (Special Educational Needs Inclusion Support Service) – 0151 233 5988

School Family Support Service – 0151 233 8231

Occupational Therapy - 0151 252 5236

## **Liverpool Sensory Service**

For general enquiries <a href="mailto:sensoryservice@liverpool.gov.uk">sensoryservice@liverpool.gov.uk</a>