



Monksdown Mail

Where Children Come First

Friday 4th July 2025

Designated Safeguarding Leads :

Mrs Russell and

Mrs Stewart

Deputy-Mrs Price



★ **Our Stars!**

Dear Families of Monksdown,

As part of our commitment to promoting a healthy and safe environment for all members of our school community we would like to remind parents and carers that **smoking and vaping are strictly not permitted anywhere on school premises**. This applies to all visitors, staff and parents. We appreciate your cooperation in setting a positive example for our pupils and helping to maintain a clean and healthy environment.

There are well-documented health risks associated with both smoking and vaping—not only for the individuals using these products but also for those exposed to second-hand vapour or smoke especially children. Studies show that exposure to smoking behaviors can also normalise unhealthy habits for young people increasing the likelihood of them experimenting with smoking themselves. As a school we are committed to safeguarding the health and wellbeing of all our pupils and that includes reducing their exposure to smoking-related harms.

To support this goal we are proud to be working with the Smoke Free Homes initiative which encourages families to keep their homes and cars free from tobacco smoke. In school we also deliver age-appropriate lessons on healthy lifestyles the dangers of smoking and vaping and making informed choices.

As part of our involvement we kindly ask parents to complete a short questionnaire on smoking habits and attitudes commissioned by Liverpool City Council. By taking part you'll not only help shape future health initiatives but also be entered into a prize draw to win a £150 shopping voucher.

Thank you for your continued support in helping our children lead healthier lives.

Mrs. Price



Nursery	Lyla Leigh
R1	Jaxson McGivern
R2	Lily-Mae Ricketts
R3	Sharon Ramesh
1.1	Samuel Olusanjo
1.2	Mehmet Kahraman
1.3	Logan Roberts
2.1	Hope Daniels
2.2	Darcy-Mae Skivington
2.3	Thekha Gerolemou
3.1	Daniel Murphy
3.2	Sara Kilic
3.3	Lily Mogan
4.1	Finley Myers
4.2	Nikodem Drazek
4.3	Ignacy Wierszyllowski
5.1	Finlay James
5.2	Jessica Draper
5.3	Jeremiasz Drozdek
6.1	Hosna Sarwari
6.2	Polly Costain
6.3	Neveah McGivern

Important Dates

Year 4 Trio to Chester

Monday 7th July - 4.2

Wednesday 9th July - 4.1

Thursday 10th July - 4.3

Y6 Trip to Edge Hill

Wednesday 9th July

Nursery Graduation

Wednesday 16th July 10-11:30

Y6 Leavers Assembly

Friday 18th July at 9:30am

Y6 Leavers Disco

Monday 21st July 3:00-6:00

Lunch Menu Week 6



w/c 7 th July		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Leek & Potato	Red Pepper Soup	Tomato & Basil	Chef Choice
HOT MAINS	Cheesy Beans Pasta Bake 	Chef Daniel's Beef & Bean Quesadillas	Chicken Korma with Rice, Green Beans & Naan Bread	Wholemeal Spaghetti Bolognese with Salad & Garlic Bread	Fish Cake or Fish Fingers with Chips & Mushy Peas
	Cherry Tomato & Cheese Quiche with Salad 	Asian Noodles 	Puy Lentil Shepherd's Pie 	Cheese & Onion Plate Pie with Peas 	Veggie Fingers 
CHEF SPECIAL	Ask Chef about today's special!				
DESSERT	Sponge Cake & Custard 	Ginger Biscuits 	Fresh Fruit Salad 	Fresh Fruit Trifle 	Cheese & Crackers 



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

 Vegetarian
 Vegan
 Oily fish

Lunch Menu Week 7



w/c 14 th July		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Carrot & Coriander	Broccoli & Cheddar	Chef Choice	Pea	Chinese Sweetcorn
HOT MAINS	Broccoli & Cream Cheese Pasta Bake 	Jewel's Chicken Karahi with Brown Rice & Green Beans	Cumberland Sausage Slice with Wedges & Beans	Beef Chilli Tacos with Tortilla Chips	Fish Fingers with Chips & Garden Peas
	Meat Free Burritos 	Vegetable & Lentil Stew 	Tomato & Basil Pasta 	Vegan Jambalaya 	Veggie Sausage Roll 
CHEF SPECIAL	Ask Chef about today's special!				
DESSERT	Fresh Fruit Salad 	Apple Flapjacks 	Iced Sponge Cake with Custard 	Sticky Toffee Pudding 	Cheese & Crackers 

School Summer Uniform

- Navy blue cardigan/jumper with grey stripe at the neck with school logo
- Navy Polo Shirt with school logo
- Grey skirt / Grey trousers
- Navy and white checked dress
- Grey, Navy or White socks
- **Black sensible school shoes (suitable for polishing)**
- **No trainers**



Online Payments

Dinners can now be paid for via School Money online.

If you have not received your log in details please contact the school office where we will be happy to help.

Road Safety

If your child rides their bike or scooter to school, please talk to them about road safety and being very careful on their journey. Helmets should be worn for protection at all times.

Library Times

The library is open for children and parents on the following days

Monday—Nursery and Reception

Tuesday Year 1 and Year 2

Wednesday Years 3-6

**UNIFORM VOUCHER FOR
MONKSDOWN PRIMARY SCHOOL**



**10% OFF KNITTED JUMPER OR CARDIGAN AND
INFANTS JOGGING BOTTOM/SWEATSHIRT PRICE
UNTIL 2ND AUGUST 2025**

(in store only)

Uniform available all year-round

Voucher available to use in the following store:

Brienda Schoolwear

74 Muirhead Avenue East

Liverpool

L11 1EL

Tel: 0151 226 3333

Uniform also available to purchase online at:

www.alphaschoolwear.com

(voucher only available in store)



Summer Playscheme 2025



and much more..

Come and join us for some summer fun!

Weekdays from Tue 21st - Fri 1st Aug 10am - 12pm

Leamington Primary School - Scarisbrick Dr L11 7DQ

Primary age children just finished reception up to Year 6

*Everyday places will be allocated on a first come basis, parents/carers
must register their child(ren) before their first session.*

Register Now!

<https://tinyurl.com/2fxh7ffp>



For more information please

contact: Jan Quai

Email: jan@triplecliverpool.org

Call: 07547 269645

With Special Thanks To...



cashforkids

**TOGETHER
LIVERPOOL**



Foundation

Suggested 50p
donation per
child/per
session.

NEWSLETTER

BEAUTIFUL NEW BEGINNINGS CIC

JULY 1ST 2025



UPCOMING FULLY FUNDED OR DONATION BASED EVENTS

CHILDREN'S WELLBEING EVENTS

Children's Meditation & Holistic Wellbeing Sessions
West Derby, 1st and 3rd Tuesday of the month 7pm,
all year round. There is an extra session in July on
22nd.

Girl's Water Wellbeing Broadgreen, Thursdays
7.45pm, term time only.

Worthy of Wellness Kids Summer Holiday Groups in
July & August. Currently fully booked, please
message to go on the waiting list.



ADULT'S WELLBEING EVENTS

Adult's Theta Healing Meditation Class, West Derby
8th July 7.40pm & every 2nd Tuesday of the month.

Antenatal Course Started 30th June

To help you feel prepared, knowledgeable,
connected and supported. With small groups to
ensure a really personalised experience. Please
note this course is not funded.



COFFEE EVENINGS

SEND parents and carers coffee evening with
focus on managing transition 7-9pm 29th July,
West Derby. Last Tuesday of every month with
a different guest speaker or focus.



SCAN ME

Full information and future dates for all events can be found
on the website. Please note that most events are limited in
numbers so please book quickly to avoid disappointment.

All events must be booked. To book use the QR code to go to the
events page or visit www.beautifulnewbeginnings.co.uk/events We
cant wait to welcome you!



NEWSLETTER

BEAUTIFUL NEW BEGINNINGS CIC

JULY 1ST 2025

UPCOMING FULLY FUNDED OR DONATION BASED EVENTS



FOREST SCHOOL

All forest school locations run term time.

Little Wood Stockbridge, Mondays 10am.

Norris Green Park, Tuesdays 10am.

Tower Hill Eco Therapy Garden Kirkby, Wednesdays
10am & 12pm

Karonga Gardens Fazakerley, Thursdays 10.30am
(currently paused until September).

Court Farm Woods Halewood, Fridays 10am & 12pm



COMMUNITY WALKS

Everyone is welcome on our community walks. Currently running once per month in these locations. Dates vary.

Wellbeing Walk, Croxteth Park 2nd July 10am

Wellbeing Walk, Calderstones Park 9th July 1pm



ONLINE EVENTS

The Season's Program - A guide for parents and carers
10.30am 1st & 8th July.

Preventing Parental Burnout July 9th 7pm

Is parenting causing you stress & overwhelm? It's easy to neglect yourself in the day to day demands of parenting, come along & explore how managing your own stress can help make parenting more manageable.

STAY AND PLAY

Rainhill Village Hall every Thursday term
time 9am-11am

Millennium Centre West Derby every
Friday term time 1pm-2.30pm



SCAN ME

Full information and future dates for all events can be found on the website. Please note that most events are limited in numbers so please book quickly to avoid disappointment.

All events must be booked. To book use the QR code to go to the events page or visit www.beautifulnewbeginnings.co.uk/events We can't wait to welcome you!





DIXONS
FAZAKERLEY
ACADEMY

COME & JOIN US FOR OUR

SUMMER FAIR

FRIDAY 11 DIXONS
JULY FAZAKERLEY
3PM - 6PM ACADEMY

FREE ENTRY



Enjoy an afternoon of

free food, entertainment and games;
with activities from LFC Foundation as well as
community stalls hosted by local organisations.

For more information:

dixonsfa.com/events/dixons-summer-fair

Ellergreen Young Peoples Project

Ellergreen provide open access youth sessions in Norris Green and are available on the following days and times for Years 3,4,5 and 6.

They ask that you please note the sessions are at Scargreen Pavilion—not at the community centre



MONDAY'S SESSION:

AGES 8+

SCHOOL YEARS 3, 4 & 5 WELCOME

6:30PM - 8:30PM

INDOOR AND OUTDOOR ACTIVITIES

**SESSION ALLOCATION MAY CHANGE BASED ON STAFF DISCRETION,
PER CHILD FOR THE BEST INTEREST OF EACH INDIVIDUAL**



TUESDAY'S SESSION:

SCHOOL YEARS 6, 7 & 8 WELCOME

6:30PM - 8:30PM

INDOOR AND OUTDOOR ACTIVITIES

**SESSION ALLOCATION MAY CHANGE BASED ON STAFF DISCRETION,
PER CHILD FOR THE BEST INTEREST OF EACH INDIVIDUAL**



WEDNESDAY'S SESSION:

SCHOOL YEARS 9, 10, 11

TO AGES 18 WELCOME

6:30PM - 8:30PM

INDOOR AND OUTDOOR ACTIVITIES

**SESSION ALLOCATION MAY CHANGE BASED ON STAFF DISCRETION,
PER CHILD FOR THE BEST INTEREST OF EACH INDIVIDUAL**



WE ARE LOCATED:

SCARGREEN PAVILLION

SCARGREEN PLAYING FIELDS

ENTRANCE OF SHOTTESBROOK GREEN

L11 3AZ

Beautiful New Beginnings—May 2025 community Initiatives

On the Following three pages there are a a number of fantastic community initiatives taking place throughout May 2025 that are designed to support the wellbeing of children, young people, and their families. These events are hosted by Beautiful New Beginnings (BNB) and include a variety of holistic, therapeutic, and inclusive activities that promote emotional, mental, and physical wellbeing.

From forest school adventures and guided wellbeing walks to mindfulness sessions and parent support groups, there is something for everyone, whether you're supporting a child with additional needs, looking to improve family wellbeing, or simply want to enjoy meaningful time outdoors.

MEDITATION & HOLISTIC WELLBEING SESSIONS

Tue 06 May | St Mary's Millennium Centre(middle room)

DONATION BASED: for boys and girls age 10-17 to empower children feel great emotionally, physically, mentally.

Link - <https://www.beautifulnewbeginnings.co.uk/event-details/teen-meditation-holistic-wellbeing-sessions-2025-05-06-19-00>

Forest School Tower Hill (Eco-Therapy Garden)

Wed 07 May | L33 1XT

Forest School Tower Hill provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!

Link - <https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-tower-hill-eco-therapy-garden-2025-05-07-10-00>

Forest School Tower Hill (Eco-Therapy Gardens)

Wed 07 May | L33 1XT

Forest School Tower Hill provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!

Link - <https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-tower-hill-eco-therapy-gardens-2025-05-07-12-00>

Calderstones Wellbeing Walk - Counsellor Led

Wed 07 May | Liverpool

Join us for a gentle, guided wellbeing walk through the beautiful Calderstones Park, led by a professional counsellor. This walk offers a calm and supportive space to connect with nature, reflect, and engage in light conversation around mental wellbeing.

Link - <https://www.beautifulnewbeginnings.co.uk/event-details/calderstones-wellbeing-walk-counsellor-led-2025-05-07-13-00>

Forest School Karonga Gardens

Thu 08 May | L10 9LL

Forest School Norris Green Park provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!

Link - <https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-karonga-gardens-2025-05-08-10-30>

Girls Only Water Wellbeing Session

Thu 08 May | Dixons Broadgreen Academy

This fun and empowering swim session combined with water-based mindfulness activities, helping to build confidence, improve physical wellbeing, and encourage connection with others in a supportive, all-girls environment.

Link - <https://www.beautifulnewbeginnings.co.uk/event-details/girls-only-water-wellbeing-session-2025-05-08-19-45>

Forest School Court Farm Woods

Fri 09 May | L26 6LD

Forest School Court Farm Woods provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!

Link - <https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-court-farm-woods-2025-05-09-10-00>

Stay and Play West Derby

Fri 09 May | St Mary's Millennium Centre

What to expect – Apart from tea, toast and a very warm welcome, you can expect your little one to have lots of fun! The session is run by Early Years Teachers so there'll be plenty of play based learning, songs, rhymes, games, crafts and activities to engage your little ones!

<https://www.beautifulnewbeginnings.co.uk/event-details/stay-and-play-west-derby-2025-05-09-13-00>

CHILDREN'S MEDITATION & HOLISTIC WELLBEING SESSION WITH GOODY BAG & MORE!

Sun 11 May | Maghull Community Association

Join us at Maghull Community Association for a children's wellbeing session with meditation, mindfulness, breathwork, positive affirmations, wellbeing goody bag and the option for taster holistic therapies for both adults and children, plus lots more!

Link - <https://www.beautifulnewbeginnings.co.uk/event-details/childrens-meditation-holistic-wellbeing-session-with-goody-bag-more>

Forest School Little Wood

Mon 12 May | L28 4ED

Forest School Little Wood provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!

Link - <https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-little-wood-2025-05-12-10-00>

ADULTS MEDITATION CLASS WITH THETA HEALING

Tue 13 May | St Mary's Millennium Centre(middle room)

Every second Tuesday of the month. A deeply relaxing meditation session with energy healing to support in releasing subconscious blocks and self limiting beliefs and replace with positive feeling downloads plus more!

Link - <https://www.beautifulnewbeginnings.co.uk/event-details/adults-meditation-class-with-theta-healing-2025-05-13-19-40>

Anxiety - Tools & Techniques For Young Minds

Fri 23 May | <https://us06web.zoom.us/j/89609837064?pwd=E>

Join one of our BNB counsellors Clare Bowers for a practical and supportive session designed to help young people better understand anxiety and learn simple, effective tools to manage it.


Link - <https://www.beautifulnewbeginnings.co.uk/event-details/anxiety-tools-techniques-for-young-minds>



SEND PARENTS COFFEE EVENING with relaxation meditation

Tue 27 May | St Mary's Millennium Centre(middle room)

Has your child been diagnosed with an additional need or disability or are you currently on a waiting list? Come along to our coffee evening, meet other parents and carers, share your experiences and listen to our guest speakers who are there to support and guide you on the journey.

Link - <https://www.beautifulnewbeginnings.co.uk/event-details/send-parents-coffee-evening-with-relaxation-meditation>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Welcome to Play – 10.00–12.00pm – 6 week course</p> <p>A fun and interactive session where you can learn how to promote your child's development through play. Suitable for ages 0-5 years.</p> <p>This service is booking only.</p> <hr/> <p>Early Communication Groups Level 2 & 3</p> <ul style="list-style-type: none"> Level 2 – 10am – 10.45am Level 3 – 11am–11.45am <p>Support group for children with Early Communication difficulties.</p> <p>This service is booking only.</p> <hr/> <p>You & Me, Mum – 12.30 – 2.30pm</p> <p>Women's Domestic Abuse support programme.</p> <p>This service is booking only.</p> <p>Creche Provided.</p> <hr/> <p>Confidence course – 12.30 – 2.30pm</p> <p>4 week course, join us to boost your confidence with expert guidance and practical activities.</p> <p>This service is booking only.</p> <hr/> <p>Development Matters –1-4pm</p> <p>1st Monday of each month.</p> <p>SEND Support sessions available for children with additional needs.</p> <p>This service is booking only.</p>	<p>Early Notification Service</p> <p>SEND support, advice and guidance - 10am - 12pm</p> <p>This service is booking only.</p> <hr/> <p>Baby Massage – 10am -11.15am</p> <p>A relaxing session that gives you and your baby some quality time to bond.</p> <p>This service is booking only.</p> <hr/> <p>Little Communicators – 10am -11am</p> <p>A play and play session for children presenting with speech and language delay. 18 months.</p> <p>Booking not needed.</p> <hr/> <p>Musical Movers – 1.30pm – 2.30pm</p> <p>A fun music session for children and parents.</p> <p>This service is booking only.</p> <hr/> <p>Bambi's Breastfeeding Group – 1.15pm – 2.45pm</p> <p>Join our Stay and Play group whilst our peer support workers give advice on breastfeeding and feeding support.</p> <p>Booking not needed.</p> <hr/> <p>Early Communication Group Level 1 – 1pm – 1.45pm</p> <p>Support group for children with Early Communication difficulties.</p> <p>This service is booking only</p> <hr/> <p>Health Visitor Drop In Service – 1.30pm – 2.30pm</p> <p>A drop in service provided by our Health visitors for you to ask any questions about your child's health needs.</p> <p>Run by your Health Visitor team.</p> <div> <p>Dads Club 10am–12am</p> <p>Based in Clubmoor Centre, Run by Everton in the Community and Liverpool CFA Dads club is a great opportunity for dads to spend quality time with their children. Dads Club is held on the last Saturday of each month.</p> </div>	<p>Nurture Programme – 9.30am – 11.30am</p> <p>10 week programme which helps adults understand and support their child's feelings and behaviour and become a more positive parent.</p> <p>This service is booking only.</p> <hr/> <p>Storytime – 10.30am – 11.15am – Norris Green Library.</p> <p>A fun reading session with our staff held in your local library.</p> <p>Booking not needed.</p> <hr/> <p>Tiny Tasters – 6 weeks course – 1.30pm – 2.30pm – Starts April 2025</p> <p>Join our healthy food programme with your child and learn to make healthy meals for children 18 months to 4 years, prepare and make recipes to taste and enjoy.</p> <p>This service is booking only</p> <hr/> <p>Mighty Movers – 6 week course – 1.30pm – 2.30pm – Starts June 2025</p> <p>Active play explores movement and music for children from age 2yrs -4yrs. Learn new ideas and activities to do at home with the children.</p> <p>This service is booking only</p> <hr/> <p>PSS "A Happier You" Stay & Play Group – 1.15pm – 2.30pm.</p> <p>A group for children 0-2 years old. A wellness support - stay and play session. Run by PSS.</p> <p>Booking not needed.</p> <div> <p>You can visit our electronic timetable by scanning this QR code</p>  </div>	<p>All About Baby – Under 1's group 10am -11am</p> <p>Offering a stimulating environment. Advice and support for parents/carers.</p> <p>Booking not needed.</p> <hr/> <p>SWAN Group – 1.30pm -2.30pm</p> <p>Sensory playgroup for children with additional needs.</p> <p>Booking not needed.</p> <hr/> <p>LivPAC – 10am – 2.30pm</p> <p>Support for parents of children with additional needs, come and speak to an expert.</p> <p>This service is booking only.</p> <hr/> <p>Splash & Play – 12pm -1pm.</p> <p>A fun splash session held at Ellergreen Leisure Centre children 0-4 years</p> <p>This service is booking only</p> <hr/> <p>Introduction to solids – 1pm – 2.15pm – 3rd Thursday of the month</p> <p>A session held for parents to discuss the introduction of solid foods. Run by your Health Visitor Team.</p> <p>Please see other side for further information.</p> <hr/> <p>Baby Café – 1pm – 2.15pm – 4th Thursday of the month</p> <p>A session held for parents of babies to share and learn ideas about food for babies.</p> <p>Please see other side for further information.</p> <hr/> <p>Welcome to the World Programme – 4pm-6pm – Ante-natal course.</p> <p>5 week programme, prepare for your new arrival with guidance and support in a friendly environment.</p> <p>This service is booking only</p>	<p>Stay & Play Group – 9.30am – 10.45am.</p> <p>A group for children 0-5. Prepare your child to be ready for school through fun and learning.</p> <p>Booking not needed.</p> <hr/> <p>Mum and Baby Yoga – 12.00pm – 12.50pm – Yoga Session for parents.</p> <p>This service is booking only.</p> <p>An opportunity for mums to relax while engaging their babies, suitable for infants up to 12 months old.</p> <hr/> <p>Sleep Course Training – 1pm – 3pm – 2 week course.</p> <p>Please contact the centre for a space on the next course.</p> <p>Dates and details on reverse page</p> <p>This service is booking only.</p> <hr/> <p>The Next Step–12.30pm–2.30pm</p> <p>A 4 week programme to provide further understanding and awareness around Domestic Abuse.</p> <p>This service is booking only.</p> <hr/> <p>Triple P – Baby Parent Programme 12.30 – 2.30pm</p> <p>Gain parenting skills and confidence in caring for your baby with practical tips and support.</p> <p>This service is booking only –</p> <hr/> <p>Targeted Support in the Community – Our team will be out and about in the community, please say hello if you see them.</p>

Monday	Tuesday	Wednesday	Thursday/Friday
<p>Merseyside Domestic Violence Family Service</p> <p>Free confidential, advice & support for anything related to Domestic abuse.</p> <p>Booking not needed.</p> <hr/> <p>Self-confidence course – 12.30 – 2.30pm – 4 week course.</p> <p>Join us to boost your confidence with expert guidance and practical activities.</p> <p>This service is booking only –</p> <p>Creche Provided.</p> <div> <p>If you're expecting a baby and would like to be shown around our centre or receive any information, please call and make an appointment with one of our team 0151-233-8500</p> <p>Scan the QR Codes for our Instagram & Facebook pages</p>   </div>	<p>Ante-Natal Parent Education</p> <p>Tuesday, 4:00pm – 6pm</p> <p>Are you expecting a baby? Come along and join us for our antenatal sessions covering baby development, care, safe sleeping & infant feeding, run over two sessions.</p> <ul style="list-style-type: none"> 1st & 8th April 25 6th & 13th May 25 3rd & 10th June 25 <p>This service is booking only</p> <hr/> <p>Torus Foundation Drop-in Employment & Skills Team</p> <p>Help to build a CV Career guidance & job insights Find training opportunities</p> <ul style="list-style-type: none"> Tuesday 22th April Tuesday 27th May Tuesday 24th June Tuesday 22th July <hr/> <p>Torus Foundation Drop-in Health & Wellbeing Support</p> <p>Support your own health & wellbeing Mental & physical health support Free blood pressure checks Support with reducing social isolation</p> <ul style="list-style-type: none"> Tuesday 8th April Tuesday 13th May Tuesday 10th June Tuesday 8th July <hr/> <p>Clubmoor Bridge Intervention Service</p> <p>2nd and 4th Tuesday of the month starting 6th May 25, 11am-2pm</p> <p>The Clubmoor Bridge intervention service around benefit advice, including support with DLA, PIP, housing and GP support for parents and families.</p> <p>Contact centre to book a slot</p>	<p>Tiny Tasters – 6 weeks course – 1.30pm – 2.30pm – Starts April 2025</p> <p>Join our healthy food programme with your child and learn to make healthy meals for children 18 months to 4 years, prepare and make recipes to taste and enjoy.</p> <p>This service is booking only</p> <hr/> <p>Mighty Movers – 6 week course – 1.30pm – 2.30pm – Starts June 2025</p> <p>Active play explores movement and music for children from age 2yrs -4yrs. Learn new ideas and activities to do at home with the children.</p> <p>This service is booking only</p> <hr/> <p>Cobalt Housing Drop-in</p> <p>Every 6 weeks 10am-1pm</p> <p>Want to know more about Property Pool Plus? Need to report a repair? Or how to report anti-social behaviour?</p> <p>Thursday 10th April Thursday 22nd May Thursday 3rd July</p> <hr/> <p>Clubmoor Sensory Room</p> <p>Using our sensory room is a great way to support your child's need for sensory input and stimulation and can be a great way to develop emotional regulation or just to relax, have fun and enjoy the space!</p> <p>To book the Sensory Room contact our team on 0151-233-8500 open every day 9.30am – 3.30pm.</p> <hr/> <p>Domestic Abuse</p> <p>If you have experienced domestic abuse Clubmoor & Ellergreen have support for you!</p> <p>For further information please call 0151-233-8500</p>	<p>Introduction to solids – 1pm – 2.15pm</p> <ul style="list-style-type: none"> Thursday 17th April Thursday 22nd May Thursday 19th June Thursday 24th July <p>Session held for parents to help you recognise the signs that your baby is ready for solid foods.</p> <p>Run by your Health Visitor team</p> <hr/> <p>Baby Café – 1pm – 2.15pm</p> <ul style="list-style-type: none"> Thursday 24th April Thursday 29th May Thursday 26th June <p>A session held for your baby all about good foods.</p> <p>This service is booking only</p> <hr/> <p>Triple P for Baby – 12.30 – 2.30pm – Triple P for Baby helps parents of babies under a year old, offering practical information at a time of great change for families.</p> <p>This service is booking only</p> <hr/> <p>Welcome to the World Programme – 4pm-6pm – June 2025</p> <p>5 week programme, prepare for your new arrival with guidance and support in a friendly environment.</p> <p>This service is booking only</p> <hr/> <p>Sleep Course Training</p> <p>Starts Friday 25th April - 1pm – 3pm Starts Friday 30th May - 1pm – 3pm Starts Friday 27th June - 1pm – 3pm Starts Friday 25th July - 1pm – 3pm</p> <p>Talking about the importance of sleep and top tips to help your little one sleep through the night!</p> <p>This service is booking only</p>

Dentist Places Available for Children on NHS



Croxteth Dental Centre have asked us to inform our Parents that they are now accepting children on the NHS to their practice.

40 Croxteth Hall Lane, Liverpool L11 4SH

Email: croxteth@smartdentalcare.co.uk

Website: www.smartdentalcare.co.uk

Tel: 0151-546-0977



SEND Support Contact Details

Educational Psychologist – 0151 225 6664

ADHD Foundation – 0151 237 2661

ASD Training Team: – 07522800193 / 07515501854

Speech and Language Therapy – 0151 237 2661

SENISS (Special Educational Needs Inclusion Support Service) –
0151 233 5988

School Family Support Service – 0151 233 8231

Occupational Therapy – 0151 252 5236

Liverpool Sensory Service

For general enquiries sensoryservice@liverpool.gov.uk