



Monksdown Mail

Where Children Come First

Designated Safeguarding Leads :



Mrs Russell and
Mrs Stewart
Deputy-Mrs Price

Friday 24th October 2025

Dear Families of Monksdown

It was so wonderful seeing so many of you in school this week for our parent's evening. There was a real buzz of excitement and sense of achievement throughout the school as we all celebrate your wonderful children and their achievements.

You may have noticed our new displays in the school hall, which is bursting with colour and creativity! The children's amazing work is proudly on display, showing all the learning and imagination that's filled our classrooms. From Year 2's Great Fire of London artwork and diary entries to the magical world of The Spiderwick Chronicles, where Year 5 children have enjoyed creating wonderful maps, creatures and stories.

It's a joyful celebration of everyone's hard work and creativity. Well done children and a huge thank you to our wonderful staff who have worked so hard this first half term! We hope you all have a wonderful break and look forward to seeing you back on 3rd November feeling refreshed.

Kindest
Regards

Mrs Price



★ Our Stars ★

Nur	Cohen Davies
R1	Luke Cox
R2	Eden Munroe
R3	Eddy Bratuhins
1.1	Sofia Spiridon
1.2	Devansh Verma
1.3	Isla - Jean Murphy
2.1	Sorosh Ahmed
2.2	Evelyn Balan
2.3	Brady Brown
3.1	Freya McArdle
3.2	Evan-Taylor Jenkins
3.3	Luca Jones
4.1	Eric Nemes
4.2	Amelia Gorczynska
4.3	Mylah Hill-Murray
5.1	Neive Aldridge
5.2	Ashton Ratchford
5.3	Rosy-Lea
6.1	Maria Bednarski
6.2	Isabella Kirby
6.3	Jack Chen

Important Dates

School recommences on Monday
5th November.

Friday 15th November
Year 5—World Diabetes Day

Monday 17th November
Rock Kidz (EYFS and KS1)

Monday 18th November
Rock Kidz (KS2)

Saturday 29th November
Christmas Fair

Year 3 Girls Shine at Football Tournament!

A huge well done to our amazing Year 3 girl's football team, who came second place in their very first tournament against other schools across North Liverpool! The team showed fantastic teamwork, determination, and sportsmanship throughout the day, representing our school with pride.

The girls played brilliantly in every match, showing great skill, enthusiasm, and support for one another. Their positive attitude and effort were a real credit to them. We are so proud of everything they achieved and can't wait to see what they accomplish in their next tournament. Well done, Year 3!



Happy Diwali!

We would like to wish a very *Happy Diwali* to all our families who are celebrating! During our school assembly on Monday, we explored the story of Diwali and reflected on its themes of light overcoming darkness and the importance of kindness and togetherness. Our EYFS pupils have been learning all about the Festival of Lights and the wonderful traditions that make it such a special occasion. Pupils have particularly enjoyed getting creative — making beautiful **diva lamps** and colourful **rangoli patterns** to decorate their classrooms. We have loved learning, sharing, and celebrating different cultures within our school community. We hope everyone celebrating has a wonderful time filled with light, laughter, and happiness!

Here is a link to a story if you would like to learn more: <https://www.bbc.co.uk/teach/class-clips-video/articles/zdtmnr>



Poppy Appeal

We are proud to be supporting the **Royal British Legion Poppy Appeal** again this year. Poppies and related items will be on sale in school, with prices ranging from **50p to £2** from **Monday 3rd November**.

Children will have the opportunity to buy items during the school day if they wish to take part. All donations go towards supporting members of the armed forces and their families. Thank you for helping us support this important cause.



Parent Pod

We're really pleased to share that our Parent Pod is now up and running in the large playground at the front of school! This cosy little space is there for families to pop by, connect, and make use of some helpful resources, including our uniform recycle rail, lovingly looked after each week by the wonderful Mrs Prescott. She keeps everything neat, fresh, and ready to go, so if your child needs a spare jumper, trousers, or even a PE top, please feel free to take what you need. No forms, no fuss, just a helping hand when you need it. Using the uniform recycle isn't just practical, it's also a great way to support the environment. By reusing good-quality clothing, we're helping to reduce waste and avoid sending perfectly wearable items to landfill. It's a small step that makes a big difference, and we're proud to be building a more sustainable school community together. Thank you for your support, and do stop by the Parent Pod next time you're on the playground!



Bikes and Scooters - Health and Safety

Bikes, scooters, and other wheeled equipment must not be ridden on the yard during school hours. These items can pose a risk of injury to both the rider and others nearby. If bikes are brought to school, they should be walked through the yard and stored in the designated bike racks.



Nuts in school

Several children in our school have serious nut allergies, and even a small trace can cause a severe reaction. That's why we ask everyone to avoid sending in items like peanut butter, cereal bars with nuts, or homemade treats that might contain them. It's a small change that makes a big difference in keeping all our children safe and well. We know how much care goes into preparing your child's lunch each day, and we really appreciate your support in helping us create a safe and inclusive environment.



School Lunch Menu

w/c 20th Oct		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Carrot & Coriander	Broccoli & Cheddar	Chef Choice	Pea	Chinese Sweetcorn
HOT MAINS	Broccoli & Cream Cheese Pasta Bake 	Chinese Chicken Curry with Wholegrain Rice & Prawn Crackers	Cumberland Sausage Slice with Wedges & Beans	Beef Chilli Tacos with Tortilla Chips & Salad	Fish Fingers with Chips & Garden Peas
	Meat Free Burritos 	Vegetable & Lentil Stew 	Tomato & Basil Pasta 	Vegan Jambalaya 	Veggie Sausage Roll 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad 	Apple Flapjack 	Wet Nelly 	pumpkin pie 	Cheese & Crackers 

w/c 3rd Nov		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Chef Choice	Chinese Sweetcorn
HOT MAINS	Wholemeal Pizza, Wedges & Beans 	Cowboy Casserole with Pasta	Meatball Sub with Salad & Tortilla Chips	Ham Roast Dinner with Seasonal Vegetables & New Potatoes	Fish Fingers with Chips & Garden Peas
	Vegetarian Chilli with Rice 	Cheese & Onion Plate Pie with Carrots & Peas 	Cheesy Bean Pasta 	Twice Baked Jacket potato	Veggie Burger in a Bun with Chips & Garden Peas 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad 	Vanilla Cheesecake 	Pineapple & Coconut Sponge 	Apple Flapjacks 	Cheese & Crackers 



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

 Vegetarian
 Vegan
 Oily fish

Snacks and Drinks

Children in KS2 (Years 3—6) may bring a **HEALTHY** snack to eat at break time .This should not include crisps, sweets or chocolate.

Some suggestions:

- Fresh Fruit or Dried Fruit
- Low Sugar cereal bars that are not chocolate coated
- Crackers
- Vegetable sticks

We encourage children to drink water in school. If your child cannot drink water then a sugar free juice may be brought into school. Energy drinks such as Prime and Lucozade are not permitted.

Children in Early Years (Reception) and KS1 (Years 1-2) are provided with milk and fruit free of charge.

River of Light Returns this Half Term!

This half term, families can enjoy a magical evening stroll through River of Light in Liverpool, a totally free, immersive light festival that transforms the city's waterfront into an open-air gallery of illuminated wonder.



Online Payments

Dinners can be paid for via School Money online.

If you have not received your log in details please contact the school office where we will be happy to help.

Our Twitter/ X Pages

<u>Nursery</u> @Monksnursery24	<u>Reception</u> @Receptionmonksd	<u>Year 1</u> @Year1Monksdown
<u>Year 2</u> @Year2Monksdown	<u>Year 3</u> @Year3Monksdown	<u>Year 4</u> @Year4Monksdown
<u>Year 5</u> @Y5Monksdown	<u>Year 6</u> @Year6Monksdown 1	<u>Learning Council</u> @MonksdownLC



Beautiful New Beginnings Halloween/Bonfire Weeks Events

Get Spooky Strong 27th Oct 11am

Kick off Halloween week with a burst of energy at our Get Spooky Strong kids' fitness session!

<https://www.beautifulnewbeginnings.co.uk/event-details/get-spooky-strong-kids-free-fitness-class>

Spooky Wellness Walk 27th Oct 1pm

Halloween week — a fun, relaxed way to get outdoors, connect with others, and enjoy some seasonal fun with the whole family!

<https://www.beautifulnewbeginnings.co.uk/event-details/spooky-wellness-walk>

Calm & Connect - Community Wellbeing Session 28th Oct 5pm

Join us for an evening of calming music and peaceful connection with mini indian head massage, herbal teas, journaling and mindfulness colouring.

<https://www.beautifulnewbeginnings.co.uk/event-details/calm-connect-evening>

Coffee Evening For SEND parents and carers: adult only event 28th Oct 7pm

Has your child been diagnosed with an additional need or disability or are you currently on a waiting list? Come along to our coffee evening, meet other parents and carers, share your experiences and listen to our guest speakers who are there to support and guide you on the journey. This month's focus is on ASD and ADHD.

<https://www.beautifulnewbeginnings.co.uk/event-details/send-parents-coffee-evening-with-focus-on-asd-and-adhd>

Beautiful New Beginnings Halloween Party Rainhill Village Hall 30th October 9am

Come in your spooky best to party with us this Halloween! There'll be dancing, games, UV face paint and spooky treats too!

<https://www.beautifulnewbeginnings.co.uk/event-details/bnb-halloween-party-2>

Spooky SUP Yoga (on paddleboards) Oct 31st 12pm or 2pm

Get ready for a spine-tingling twist on your favourite water workout this Halloween with our Spooky SUP Yoga sessions!

<https://www.beautifulnewbeginnings.co.uk/event-details/spooky-sup-yoga-8-only-2025-10-31-12-00>

<https://www.beautifulnewbeginnings.co.uk/event-details/spooky-sup-yoga-8-only-2025-10-31-14-00>

Wellbeing Warriors 1st Nov 1pm

A monthly Session for children in year five to support them to empower their peers to feel happy and healthy.

Currently fully booked, please contact us for more information.

Spooky SUP Yoga (on paddleboards) Nov 2nd 1pm

Get ready for a spine-tingling twist on your favourite water workout this Halloween with our Spooky SUP Yoga sessions!

<https://www.beautifulnewbeginnings.co.uk/event-details/spooky-sup-yoga-8-only-2025-11-02-13-00>

Children's Water Wellbeing Sessions 1st November 1.45pm

Age 7-13 years, boys and girls

<https://www.beautifulnewbeginnings.co.uk/event-details/childrens-water-wellbeing-age-7-years-13-years-2025-11-01-13-45>

Wellbeing Walk Croxteth Park 3rd Nov 10am

Join us for a monthly walk to support your wellbeing where everyone is welcome. This walk offers a calm and supportive space to either enjoy nature, feel fitter, make conversation, enjoy connection and community or walk in silence!

<https://www.beautifulnewbeginnings.co.uk/event-details/wellbeing-walks-croxteth-park-2025-11-03-10-00>

Children's Meditation & Holistic Wellbeing Class 4th Nov 7pm

Sessions for boys and girls age 10+ to empower children feel great emotionally, physically, mentally. The class includes a guided meditation plus different wellbeing themed session each time.

<https://www.beautifulnewbeginnings.co.uk/event-details/childrens-meditation-holistic-wellbeing-sessions-2025-11-04-19-00>

Fireside Glow- An alternative Bonfire Night Celebration Thursday 6th November

Come along to our peaceful family friendly bonfire night celebration. With storytelling, campfires, s'mores, crafts and sparklers you're sure to have the best time!

<https://www.beautifulnewbeginnings.co.uk/event-details/fireside-glow>

<https://www.beautifulnewbeginnings.co.uk/event-details/calm-connect-evening>

Little STEPS[®]

IN THE CABIN



Triple C
(Liverpool)

Preschool Group for Pre-schoolers and their carers

- Themed Tuff Trays
- Arts and Crafts
- Role play toys
- Jigsaws
- Ride on Toys
- Soft Play Equipment
- & much more
- Refreshments for all

Come along!
No Booking
Required

Suggested donation of
£2 per child,
£1 each additional
child

Contact Jan Quai:
Our Children and Families Worker

☎ 07547 269645

✉ jan@triplecliverpool.org

🌐 www.triplecliverpool.org

**WEDNESDAYS 10:00AM-
11:30AM
(TERM TIME ONLY)**

**CHRIST CHURCH CABIN,
40 SEDGEMOOR ROAD
L11 3BR**

