



Monksdown Mail

Where Children Come First

Designated Safeguarding Leads :



Mrs Russell and
Mrs Stewart
Deputy-Mrs Price

Friday 12th December 2025

Dear Parents and carers,

What a wonderful two weeks of Christmas performances we have enjoyed! From stay-and-plays to nativities and festive singalongs, our pupils have truly shone. A heartfelt thank you to all the parents and carers who joined us. Your support means so much to the children and helps make these moments even more special.

We would also like to extend our gratitude to our dedicated staff whose hard work and creativity ensured that every family felt the joy and spirit of the season.

Best wishes



★ Our Stars ★

All of our wonderful children were our stars this week due to their fantastic performances. We are so proud of you all!

Important Dates next week

Monday 15th December:
Y5 and Y6 Party Day (Party clothes and party food buffet)

Tuesday 16th December:
Y3 and Y4 Party Day (Party clothes and party food buffet)

Wednesday 17th December: Y1 and Y2 Party Day (Party clothes and party food buffet)

Thursday 18th December:
Nursery and Reception Party Day (Party clothes and party food buffet)

Friday 19th December:
School breaks up for Christmas at 2pm



Christmas Dinner

A huge thank you to our wonderful Kitchen staff who prepared a delicious Christmas dinner for the whole school this week. It was enjoyed by all!



Parent Pod

We're really pleased to share that our Parent Pod is now up and running in the large playground at the front of school! This cosy little space is there for families to pop by, connect, and make use of some helpful resources, including our uniform recycle rail, lovingly looked after each week by the wonderful Mrs Prescott. She keeps everything neat, fresh, and ready to go, so if your child needs a spare jumper, trousers, or even a PE top, please feel free to take what you need. No forms, no fuss, just a helping hand when you need it. Using the uniform recycle isn't just practical, it's also a great way to support the environment. By reusing good-quality clothing, we're helping to reduce waste and avoid sending perfectly wearable items to landfill. It's a small step that makes a big difference, and we're proud to be building a more sustainable school community together. Thank you for your support, and do stop by the Parent Pod next time you're on the playground!



Bikes and Scooters - Health and Safety

Bikes, scooters, and other wheeled equipment must not be ridden on the yard during school hours. These items can pose a risk of injury to both the rider and others nearby. If bikes are brought to school, they should be walked through the yard and stored in the designated bike racks.





Nuts in school

Several children in our school have serious nut allergies and even a small trace can cause a severe reaction. That's why we ask everyone to avoid sending in items like peanut butter, cereal bars with nuts or homemade treats that might contain them. It's a small change that makes a big difference in keeping all our children safe and well. We know how much care goes into preparing your child's lunch each day and we really appreciate your support in helping us create a safe and inclusive environment.



School Lunch Menu

w/c 15 th Dec		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Roasted Vegetable Soup	Chef Choice	Chinese Sweetcorn
HOT MAINS	Veggie Spaghetti Bolognese with Salad & Garlic Bread 	Sausage Casserole	Christmas Dinner: Roast Turkey, Gravy, Roast Potatoes, Stuffing, Pigs in Blankets, Sprouts, Carrots & Turnip	Chef Choice Curry & wholemeal Rice	Fish Fingers or Salmon Fish pie with Chips & Mushy Peas 
	Welsh Rarebit 	Individual Vegetable & Cheese Omelette with Salad 	Vegetarian Christmas Dinner 	Cheese & Tomato Toasties with Salad 	Sri Lankan Sweet potato Curry 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	'Chocolate' Fudge Cake 	Oat Cookies 	Festive Ice Cream Pot 	Manchester Tart 	Cheese & Crackers 

w/c 5 th Jan		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Leek & Potato	Red Pepper Soup	Tomato & Basil	Chef Choice
HOT MAINS	Cheesy Beans Pasta Bake 	Corned Beef Hash with Beans	Chicken Fajitas	Wholemeal Spaghetti Bolognese with Salad & Garlic Bread	Fish Cake or Fish Fingers with Chips & Mushy Peas
	Cherry Tomato & Cheese Quiche with Salad 	Asian Noodles 	Macaroni Cheese 	Vegetarian Sausage Toasties 	Veggie Fingers with Chips & Mushy Peas 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Sponge Cake & Custard	Ginger Biscuits	Fresh Fruit Salad	Fresh Fruit Trifle	Cheese & Crackers



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

 Vegetarian
 Vegan
 Oily fish

Snacks and Drinks

Children in KS2 (Years 3—6) may bring a **HEALTHY** snack to eat at break time .This should not include crisps, sweets or chocolate.

Some suggestions:

- Fresh Fruit or Dried Fruit
- Low Sugar cereal bars that are not chocolate coated
- Crackers
- Vegetable sticks

We encourage children to drink water in school. If your child cannot drink water then a sugar free juice may be brought into school. Energy drinks such as Prime and Lucozade are not permitted.

Children in Early Years (Reception) and KS1 (Years 1-2) are provided with milk and fruit free of charge.

Outdoor Equipment

We store equipment in our outdoor sheds. Please do not allow your child to enter the sheds or play with the things before or after school.



Online Payments

Dinners can be paid for via School Money online.

If you have not received your log in details please contact the school office where we will be happy to help.

Our Twitter/ X Pages

<u>Nursery</u> @Monksnursery24	<u>Reception</u> @Receptionmonksd	<u>Year 1</u> @Year1Monksdown
<u>Year 2</u> @Year2Monksdown	<u>Year 3</u> @Year3Monksdown	<u>Year 4</u> @Year4Monksdown
<u>Year 5</u> @Y5Monksdown	<u>Year 6</u> @Year6Monksdown 1	<u>Learning Council</u> @MonksdownLC



ENGLISH FOR PARENTS COURSE



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**North Liverpool Academy,
Heyworth Street, L5 0SQ**

Dear Parent or Guardian

The Winter HAF programme starts on the 22nd December with plenty of exciting activities happening over the school holidays. Children and young people, from reception to age 16, who are eligible for benefits related free school meals, will be able to access hundreds of activities throughout the Winter holidays including specific provision available for children with SEND or additional needs, all at **no cost**. There's a great range of festive and non-festive activities across the city including **trips to pantomimes, festive arts, crafts, cards and decoration making, Santa's Grotto, winter wonderland disco, roller skating disco, rave dance, cheerleading, tumbling, zorbing, nerf battles, circus skills, lego activities, film and jewellery making, basketball, trampolining and ice skating to name but a few!** A meal is included for every child attending.

There is a central booking system to make it easier for you to find and book the activities. You can find out where your nearest scheme is by clicking on this link <https://eequ.org/liverpoolhaf> or by using the QR code which will take you to the Liverpool HAF page and the easy to fill in booking system. You can search by age, provider or date. There is a handy booking help video here - [Quick guide on how to book a HAF session | Eequ Help Centre](#)



If you are struggling with the cost of living then please go to: <https://www.liverpool.gov.uk/cost-of-living/>

If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk. Click on the link to find out how to register <https://www.healthystart.nhs.uk/>

Liverpool City Council is working with Mersey Play Action Council, the local schools, voluntary and community organisations, and childcare providers to deliver the Winter HAF programme. This programme is funded by the Department for Education.

The Family Information and SEND Directory also provides a wealth of useful information and support for families - [FISD](#).

Regards

Sally Dobbing

Holiday Activities and Food Project Manager

