



Monksdown Mail

Where Children Come First

Designated Safeguarding Leads :



Mrs Russell and
Mrs Stewart
Deputy-Mrs Price

Friday 11th September

Dear Families of Monksdown

Welcome Back!

What a wonderful start to the new school year it has been! It has been such a pleasure to welcome our pupils and families back through the school gates and most importantly to see so many familiar faces once again. There is a real buzz around school with a lovely sense of warmth, excitement and anticipation as everyone settles into the routines of a new year.

Our children have settled into their new classes brilliantly. It has been wonderful to see them embracing new experiences, reconnecting with friends and getting to know their new teachers. The corridors and classrooms are already filled with smiles laughter, curiosity and enthusiasm for the year ahead.

A particularly warm welcome goes to all of our new pupils and families joining us in EYFS. For our youngest children this marks the beginning of their very first year at Monksdown and we are absolutely delighted to have you as part of our school community. We hope you already feel at home and are beginning to discover what makes our school such a special place.

To all of our new families, thank you for choosing Monksdown. You have made a wonderful choice and we feel incredibly lucky to have you as part of our community. We are looking forward to getting to know you and your children and to sharing all the adventures, achievements and special moments that the year ahead will bring.

Here's to a happy exciting and successful year together!

Mrs Price



**Monksdown
Primary School**
Where Children
Come First



Our Stars

Nur	All of Nursery
R1	All of R1
R2	All of R2
R3	All of R3
1.1	Ted McGavin
1.2	Lucas Davies
1.3	Ethan Owen
2.1	Dolly Moogan
2.2	Lily Bucannon
2.3	Nova Dainty
3.1	Amelia McGuinness-White
3.2	Jordan Sherlock
3.3	Amba Ratchford
4.1	Violet Brierley
4.2	Yanni Al-Jumoor
4.3	Freya McArdle
5.1	Daniel Cox
5.2	Mia Doherty
5.3	Molly Rust
6.1	Leo Kenwright
6.2	Lewis Robinson
6.3	Ivy-May Patterson

Dates for the diary

Tuesday 29th September

ASD coffee morning with
SENCO

Tuesday 29th September

European Day of Languages
Family Festival (3-4pm)

Friday 9th October

World Mental Health Day

Welcome Back to Another Wonderful Year!

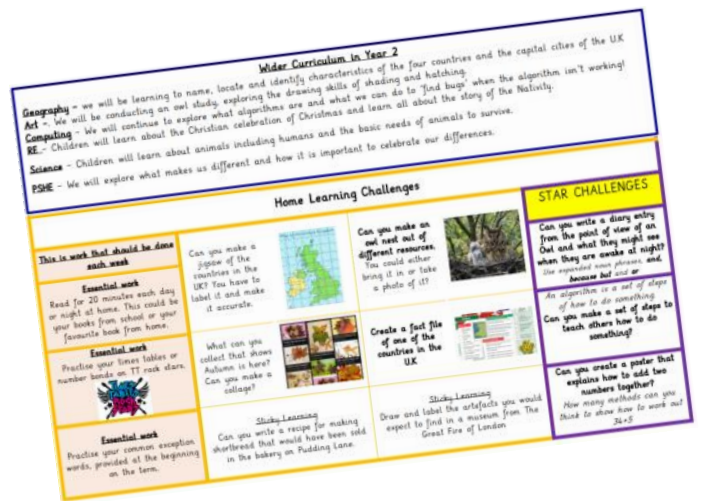
Look at the fantastic learning already taking place around Monksdown Primary school!



Learning letters

We're excited to let you know that this week we'll be sending home our Autumn 1 Learning Letter. These letters are designed to give you a clear picture of what your child will be learning about in school each half term. From topics in history and science to the books they'll be reading in English and the skills they'll be exploring in

Maths, we want you to feel informed and involved in your child's learning journey. The Learning Letter will also include some important practical information such as which days your child has PE and whether they'll need any particular kit. We know how helpful it can be to have everything in one place so you can stay on top of the weekly routine and feel confident that your child is ready for each day. On the back page of the letter you'll find a selection of Home Learning Tasks. These are completely optional but offer some lovely opportunities to extend learning at home in a fun and engaging way. There might be a creative activity linked to the topic, a chance to do a bit of research together or something to make and bring in to share with the class. We hope you find the Learning Letters useful and enjoyable. They're just one of the ways we want to keep the connection between school and home strong so that together we can support your child to get the most out of their time at school.



Footballing superstar!

Luke is a true football enthusiast and the sport is a huge part of his life. Over the summer, Luke attended trials for a place in the U6 main groups at Everton, Liverpool and Manchester City. We are incredibly proud to share that he was successful at all three trials and has now been offered a place at and joined all three academies.

This is an amazing achievement for someone so young and is a wonderful reflection of Luke's enthusiasm, commitment and determination. Most importantly, Luke is thoroughly enjoying the experience and is loving every minute of his football journey. We are incredibly proud of him and look forward to seeing where his passion and dedication take him next!



Attendance

Here are the attendance and punctuality winners for the week beginning 2nd September to 4th September 2026

Best punctuality

KS1 - 1.1 and 2.3 - 0 late

KS2 - 3.2 and 6.1 - 0 late

1 st	2 nd	3 rd
KS1 - 2.1	KS 1- 1.1	KS1 - 1.2
KS2 - 5.1	KS2 - 5.3	KS2 - 3.2

Nuts in school

Several children in our school have serious nut allergies, and even a small trace can cause a severe reaction. That's why we ask everyone to avoid sending in items like peanut butter, cereal bars with nuts, or homemade treats that might contain them. It's a small change that makes a big difference in keeping all our children safe and well. We know how much care goes into preparing



Parent Pod

We're really pleased to share that our Parent Pod is now up and running in the large playground at the front of school! This cosy little space is there for families to pop by, connect, and make use of some helpful resources, including our uniform recycle rail, lovingly looked after each week by the wonderful Mrs Prescott. She keeps everything neat, fresh, and ready to go, so if your child needs a spare jumper, trousers, or even a PE top, please feel free to take what you need. No forms, no fuss, just a helping hand when you need it. Using the uniform recycle isn't just practical, it's also a great way to support the environment. By reusing good-quality clothing, we're helping to reduce waste and avoid sending perfectly wearable items to landfill. It's a small step that makes a big difference, and we're proud to be building a more sustainable school community together. Thank you for your support, and do stop by the Parent Pod next time you're on the playground!



School Lunch Menu

w/c 14 th September		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Tomato & Basil	Broccoli & Cheddar	Chef Choice	Roasted Pepper	Chef Choice
HOT MAINS	Quorn Mince Cottage Pie with Peas 	Jewel's chicken Karahi with wholegrain Rice, Green Beans & Naan Bread	Meatball Sub with Tortilla Chips & Salad	Chicken Pie with Homemade Mash & Baby Carrots	Fish Fingers or Tandoori Salmon  with Chips & Garden Peas
	Broccoli & Cream Cheese wholemeal Pasta Bake 	Falafel Pittas with Salad 	Vegetable Parilla 	Spicy Singapore Noodles 	Veggie Sausage Roll with Chips & Garden Peas 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad	'Chocolate' Cookies	Sponge Cake Topped with Jam & Whipped Cream	Apple Turnovers	Cheese & Crackers



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.
All menus are checked by a nutritionist and adhere to School Food Standards.

 Vegetarian
 Vegan
 Oily fish

w/c 21 st September		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Leek & Potato	Chef Choice	Tomato & Basil	Chef Choice	Carrot & Coriander
HOT MAINS	Tomato & Basil wholemeal Pasta 	Roast Turkey Dinner with Roasted Potatoes & Seasonal Vegetables	Chicken Shawarma with Coleslawy & Salad on Tortilla wraps	Cumberland Sausage Slice with Baked wedges & Beans	Homemade Battered Fish or Fishcake with Chips & Beans
	Red Pepper Quiche with Salad 	Vegetable & Lentil Stew 	Pesto wholemeal Pasta 	Vegetarian Meatball Sub with Tortilla Chips & Salad 	Veggie Burger in a Bun with Chips & Beans 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Scones with Jam & Cream	Vanilla Cheesecake	Pineapple & Coconut Sponge	Fresh Fruit Trifle	Cheese & Crackers



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.
All menus are checked by a nutritionist and adhere to School Food Standards.

 Vegetarian
 Vegan
 Oily fish

Outdoor Equipment

We store equipment in our outdoor sheds. Please do not allow your child to enter the sheds or play with the things before or after school.

Snacks and Drinks

Children in KS2 (Years 3–6) may bring a **HEALTHY** snack to eat at break time. This should not include crisps, sweets or chocolate.

Some suggestions:

- Fresh Fruit or Dried Fruit
- Low Sugar cereal bars that are not chocolate coated
- Crackers
- Vegetable sticks

We encourage children to drink water in school. If your child cannot drink water then a sugar free juice may be brought into school. Energy drinks such as Prime and Lucozade are not permitted.

Children in Early Years (Reception) and KS1 (Years 1–2) are provided with milk and fruit free of charge.

Swimming

This term, classes 5.1 and 5.2 will have swimming every Friday morning.



Online Payments

Dinners can be paid for via School Money online.

If you have not received your log in details please contact the school office where we will be happy to help.

Bikes and Scooters - Health and Safety

Bikes, scooters, and other wheeled equipment must not be ridden on the yard during school hours. These items can pose a risk of injury to both the rider and others nearby. If bikes are brought to school, they should be walked through the yard and stored in the designated bike racks.





Monksdown Primary School

Where children come first

Chair of Governors:
Mr M. Reynolds
Headteacher:
Mrs J Price

Website: www.monksdownprimary.co.uk Fax: 0151 256 6281
Email: Monksdown-ao@monksdown.liverpool.sch.uk Telephone: 0151 226 1606
Address: Monksdown Road, Norris Green, Liverpool, L11 1HH Twitter: @monksdownschool

Wednesday 9th September 2026

Dear Parent / Carer

Meet the SENDco and ASD Training Team coffee morning

The ASD Training team from Liverpool City Council, will be holding a coffee morning in school on **Tuesday 29th September 2026 at 9.15am.**

This will be an opportunity for parents/carers who are anxious about their child's development / behaviour and wish to chat about their concerns in a group setting to come along and listen or ask questions. Tracey and Margaret who deliver the sessions are very knowledgeable about neurodiversity, which includes autism and can offer advice and support. They can also signpost you to services which are available to support you.

Mrs. White the school SENDCo will also be in attendance.

Whether you want to participate or just come along for a coffee and listen, we'd love you to see you there!

Kind regards

Mrs. M White (SENDCo.)

Respectful

Resilient

Responsible

Resourceful

ONLINE SAFETY NEWSLETTER

DIGITAL FOOTPRINT AWARENESS – TEACHING CHILDREN ABOUT ONLINE PERMANENCE

ISSUE 29

DIGITAL FOOTPRINT

We return this week to a topic discussed in one of our earliest issues: the Digital Footprint. In short, the digital footprint is a metaphor for the impact you leave online with every post, like, and upload you make. Think of it as a footprint on a beach; the sea doesn't wash it away. Every post you make impacts your digital footprint and how much others can find out about you, whether they're friends, strangers, or potential employers. It is important to recognise what we are posting online.



PERMANENTLY ONLINE

Once something is shared online, it can be difficult to completely remove. Yes, you can delete the things you post, but often sites will archive data on a consistent basis, meaning what you post isn't always gone forever.

Children may make posts online that are not appropriate; in this case, it is important to remind them of online permanence. Those things that they've posted may come up again in the future, so it is important that everything we do on social media is appropriate. Encourage your child to stop and think before they post anything online.



APP SPOTLIGHT - INSTAGRAM

This week's app returning spotlight is **Instagram**. We are returning to Instagram this week as it relates to the idea of online permanence. Uploading images and making comments can all impact your digital footprint. Instagram can be used safely, but it is important to understand how.

- Instagram requires users to be at least 13 years old to create an account.
- Accounts can be set to private, meaning only approved followers can see posts and stories.
- Be careful with direct messages, anyone can do it!

Scan the QR code to learn more:





Find
our
timetable
inside

WELCOME TO

Clubmoor and Croxteth Children's Centre & Family Hub



BABY GROUPS

Connect, learn
and grow
together



STAY & PLAY

Fun, games and
friendship for
little ones



PARENTING SUPPORT

Support and
advice for
every family



EARLY LEARNING

Helping children
learn, develop
and thrive



HEALTH & WELLBEING

Healthy starts
for a happier
tomorrow



ADVICE & INFORMATION

Guidance and
signposting
when you need it

EVERYONE IS WELCOME!

Pop in, call us, or speak to a member of staff
to find out what support and activities are
available for your family.

Drop in
and say
hello!



Clubmoor

Monday

Early Communication Groups Level 2 & 3

- Level 2 - 10am - 10.45am
- Level 3 - 11am-11.45am

Support group for children with Early Communication difficulties.

This service is booking only.

Baby Café - 10.30 - 11.30am

Monday 26th October

Bring your baby (6 months+) and come and taste some simple first foods.

This service is booking only.

You & Me, Mum - 12.30pm - 2.30pm

Women's Domestic Abuse support programme.

This service is booking only. Creche Provided.

Development Matters - 1pm - 4pm

1st Monday of each month. SEND Support sessions available for children with additional needs.

This service is booking only.

Tuesday

Early Notification Service - 10am - 12pm

SEND support, advice and guidance by LCC SEND Officers.

This service is booking only.

PEEP Onesies - 10.30am - 11.30am

Join us for fun, play, and early learning in a warm and welcoming space designed just for toddlers.

Session for children aged between 12 - 24 months.

Booking not needed.

Splash and Play - 12pm - 1.00pm

A fun splash session held at Ellergreen Leisure Centre children 0-5 years

This service is booking only

Baby Massage - 1.30 - 2.30pm

A relaxing session that gives you and your baby some quality time to bond.

This service is booking only.

Early Communication Group Level 1 - 1pm - 1.45pm

Support group for children with Early Communication difficulties.

This service is booking only.

Wednesday

Nurture Programme - 9.30am - 11.30am

10 week programme which helps adults understand and support their child's feelings and behaviour and become a more positive parent.

This service is booking only. Creche Provided.

PSS Nurture Nest -

0-12 months from 1-2pm

12-24 months from 2-3pm

This group offers a supportive space for parents and babies to play, connect, and build confidence together, led by qualified therapists from the PSS Parent and Baby Team. (Younger siblings welcome at the second session.)

Booking not needed.

PEEP Talk - 1.30- 2.30pm

PEEP Talk supports parents in boosting children's speech and language through everyday activities. Fun, practical sessions build confidence and communication skills for ages 18months to 4 years.

Booking not needed.

NeuroDiverse Family - After-School Club

4pm - 6pm

See **page 5** for further information.

Children's Centre

Thursday

PEEP All About Baby – Under 1's group 9.30am -10.30am

Come and explore your baby's development through sensory fun and nursery rhymes in a relaxed, friendly group for under 1s and parents.

Booking not needed.

LivPAC – 10am - 2.30pm

Support for parents of children with additional needs. Come and speak to an expert.

This service is booking only.

Bambis Breastfeeding Group – 10.30 – 11.30am

Join our Stay and Play group whilst our peer support workers give advice on breastfeeding and feeding support.

Booking not needed.

SWAN Group – 1.45pm -2.45pm

Sensory playgroup for children with additional needs.

Booking not needed.

Introduction to solids – 1pm – 2.15pm

A session held for parents to discuss the introduction of solid foods. Ran by your Health Visitor Team.

Please see **page 5** further information.

Neurodiverse Family Coffee Morning

- Thursday 1st October 2026
- Thursday 5th November 2026
- Thursday 3rd December 2026

Drop in coffee morning for parents of children with SEND, come ask those questions you would like advice on.

Friday

PEEP Stay & Play Group – 9.30am – 10.45am

A group for children 0-5 years. Prepare your child to be ready for school through fun and learning.

Booking not needed.

Mum and Baby Yogalates - 12.00pm - 12.50pm

An opportunity for mums to relax while engaging their babies. Suitable for infants up to 12 months old. A mix of Yoga & Pilates.

This service is booking only.

Targeted Support in the Community - Our team will be out and about in the community, please say hello if you see them.

Croxteth Children's Centre

Monday

Baby Massage 1.00-2.00pm

A relaxing session that gives you and your baby some quality time to bond.

This service is booking only.

Healthy, Happy Mummy 12.30pm-2.00pm

Join Trinity Wellness CIC for fun, safe postnatal exercise, weight-management support, mindfulness and relaxation – all while your little ones play!

7 week course starting 14th September.
Contact Lauren on 07930 735828 to book a place

Tuesday

PEEP Baby Sensory 10.00- 11.00am

Come along to our new Baby Sensory class. A session for children 0-12months, to support your baby's early development. During the session, you and your baby can enjoy creative play, tummy time, sensory toys, music, and movement.

Booking not needed.

Wednesday

PEEP Stay & Play 10.00am-11.00am - drop in session

A session for children 0 – 4 years to have fun! Offering a stimulating environment and advice/support for parents/carers. Toys, games, crafts and much more.

Drop in.

Thursday

NeuroDiverse Family Coffee Morning

Last Thursday of the month 9.30am–11.30am

- Thursday 24th September 2026
- Thursday 29th October 2026
- Thursday 26th November 2026

Drop in coffee morning for parents of children with SEND, come ask those questions you would like advice on.

Musical Movers 1:00pm-2.00pm

A fun music session for children and parents.

This service is booking only.

Friday

Early Communication Group 9.30am-10.15pm and 10.30am-11.15pm

A language enrichment group for children aged 2 – 4 years.
Please speak to your Health Visitor to be referred to this session.
Alternatively, contact the Centre to discuss your concerns.

Invitation only, please contact centre for more information.

**Targeted Support in the Community -
Our team will be out and about in the
community, please say hello if you see
them.**

WHAT ELSE DO WE OFFER? ⁵

Merseyside Domestic Violence Family Service

Free confidential advice and support

Support and information for anyone affected by domestic abuse.

Please speak to a member of staff for further information.

Sleep Support Helping your little one sleep better

Learn about the importance of sleep and discover practical strategies to support healthy sleep routines.

We offer individual sleep support through Development Matters appointments, to book an appointment call 0151 233 8500

River Drug & Alcohol Support Services

Drop-in Support Sessions
12.30pm – 4.30pm

Every other Monday
Advice, guidance and support for individuals and families affected by drug or alcohol use.

For dates and information call 0151 233 8500

Antenatal Parent Education Programme

3-part midwife-led Preparing for Labour and Birth and Welcome to the World, supporting you as you prepare for your baby's arrival.

Followed by 2 weeks of Newborn Knowhow and Infant Feeding.

5 weeks beginning Tuesday 22nd September - 4.00pm – 6.00pm

For more information call 0151 233 8500

Talking Eating Disorders (TEDS)

This will be run every second Tuesday of the month and the times are as follows...

4.30pm to 6.15pm Recovery is Real Peer support group

6.30pm to 8.30pm Restore Family and Friends Peer Support Group

www.tedsuk.com

tedsliverpool@gmail.com

Clubmoor Sensory Room

A safe and stimulating space to support sensory needs, emotional regulation, relaxation and play.

To book call 0151 233 8500
Open daily 9.30am – 3.30pm

Neurodiverse Family Support Network Lego Club

Wednesday's at Clubmoor.

4-5pm: Ages 5-11

5-6pm: Ages 11+

£5 per young person, parents and carers go free.

Book via the link below:

<https://eequ.org/book/sen-lego-club-at-clubmoor-family-hub-with-the-neurodiverse-family-support-network-cic-10721>

Did you know that Family Hubs are a one-stop place where families can access advice, support, and services from pregnancy through to young adulthood?

Family Hubs bring together professionals and community services to help parents, carers, children, and young people thrive. ❤️👨👩👧👦

Down Syndrome Liverpool - Kids Club

12:30-2:30pm

A welcoming, supportive space just for children with Down syndrome and their families, featuring two groups: Parent & Toddler (0-5 years) Primary/Junior (6-13 years).

Last Saturday of the month.

Clubmoor Dads Club with Everton In the Community

10:00am-12:00pm
Are you a dad looking for a fun and engaging activity to do with your children? Look no further than

Clubmoor Dads Club! Run by Everton in the Community and Liverpool CFA, our club offers a range of activities for you and your children to enjoy together.

Last Saturday of the month.

Baby Café

Time: 10.30-11.30am

Bring your baby (6 months+) to try simple first foods.

• **Monday 26th October**
Call 0151 233 8500 to book.

Introduction to Solids

Time: 1pm – 2.15pm

A session for parents on starting solid foods, delivered by the Health Visitor Team.

• **Thursday 17th September**
• **Thursday 22nd October**
• **Thursday 19th November**

Call 0151 233 8500 to book.

Welcome to our Children's Centre and Family Hub, a welcoming place where families can access support, advice, and opportunities to thrive. We are here to help every step of the way, offering activities, services, and guidance for children, young people, and their families. Whether you are looking to connect with others, access parenting support, or explore local services, our friendly team is here to ensure you feel supported, valued, and part of your community.

Looking for further support, activities, or services for your family? Visit the Liverpool **Family Information and SEND Directory** for details on childcare, family support services, local activities, and information for children and young people with special educational needs and disabilities. It's your one-stop resource for services available across Liverpool.

Scan the below QR code to access the FID.



Contact Us

Clubmoor Site

Clubmoor Children's Centre

Address: 40 Utting Avenue East, L11 1DQ

Croxteth Site

Croxteth Children's Centre

Address: Parkstile Lane, L11 0BQ

Telephone: 0151 233 8500

Email: ClubmoorChildrensCentre@liverpool.gov.uk

Reception services are available at Clubmoor Monday to Friday. As Croxteth may not always be staffed, please call us or visit Clubmoor for assistance.



RONIN
MMA

BACK TO SCHOOL KIDS MMA

8-WEEK INTRO PROGRAMME

BUILD **CONFIDENCE**. LEARN SKILLS. BECOME A **CHAMPION**.



BUILD
CONFIDENCE



IMPROVE FOCUS
& DISCIPLINE



LEARN REAL
SELF-DEFENCE



MAKE FRIENDS
& BE PART OF
A TEAM

8 WEEKS
FOR ONLY

£49

LIMITED TO 20 PLACES!

WHAT THEY'LL LEARN



BOXING &
KICKBOXING



WRESTLING &
TAKEDOWNS



BJJ &
GROUND SKILLS



FITNESS &
CONDITIONING



MMA
FUNDAMENTALS

- ✓ AGES 6-12
- ✓ NO EXPERIENCE NEEDED
- ✓ NO EQUIPMENT NEEDED TO START
- ✓ 2 SESSIONS AVAILABLE EACH WEEK
- ✓ FINISH WITH A GRADUATION, CERTIFICATE & PHOTOS!



STARTS WEEK COMMENCING
8TH SEPTEMBER

**DM RONIN
TO BOOK**



RONIN MMA

166-168 TOWNSEND LANE
LIVERPOOL, L13 9DN



07447 093798

STRONGER KIDS.



STRONGER FUTURES.