

Monksdown Mail

Where Children Come First

Designated Safeguarding Leads:



Mrs Russell and Mrs Stewart Deputy-Mrs Price

Friday 7th March

Dear Families of Monksdown,

On Thursday, we celebrated World Book Day. The children, as always looked FANTASTIC (so thank you parents for fully embracing the day as you always do!).

The children took part in activities linked to a chosen book throughout the day. Our wonderful Children Subject Leads also popped on the tannoy system periodically to demand we D.E.A.R (Drop Everything And Read). It was wonderful to see all our children enthralled in reading their books and sharing their favourite stories with each other.

I want to leave you with one final thought related to books—and they do say a picture speaks a thousand words...

Kindest

Mrs Price









Regards



School X/Twitter QR Code

| Nursery | Reception Year 1 | | |
|-----------------|----------------------------------|------------------|--|
| @Monksnursery24 | @Receptionmonksd @Year1Monksdown | | |
| Year 2 | Year 3 Year 4 | | |
| @Year2Monksdown | @Year3Monksdown | @Year4Monksdown | |
| Year 5 | Year 6 | Learning Council | |
| @Y5Monksdown | @Year6Monksdown1 | @MonksdownLC | |

Our Stars!

| Nursery | Penny McStein | | |
|---------|-------------------|--|--|
| R1 | Adelina Ungureanu | | |
| R2 | Dhruvh Ramkannan | | |
| R3 | Miriam Mucha | | |
| 1.1 | Shireen Ahmed | | |
| 1.2 | Moayad Albukhari | | |
| 1.3 | Jack Worthington | | |
| 2.1 | Divisha K | | |
| 2.2 | Layla Song | | |
| 2.3 | Lily McRoberts | | |
| 3.1 | Jocelyn Salisbury | | |
| 3.2 | Leah Lynch | | |
| 3.3 | Harlow Hughes | | |
| 4.1 | Florentyna Krys | | |
| 4.2 | Mason Collins | | |
| 4.3 | Mera Benesa | | |
| 5.1 | Luna Orme | | |
| 5.2 | Elliott Nicholls | | |
| 5.3 | Elisa Robas | | |
| 6.1 | Armin | | |
| 6.2 | Josie Smith | | |
| 6.3 | Malik Adebayo | | |

Important Dates

Science Week
10th-14th March

Year 1 Liverpool Landmarks Tour Trip

1.1 Friday 21st March1.2 Wednesday 19th March1.3 Tuesday 18th March

Parents Evenings

Wednesday 2nd April
Thursday 3rd April

World Book Day

Here are some of our wonderful pupils and adults dressed as their favourite characters on World Book Day



























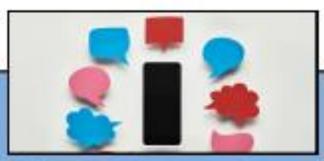






Online Safety Newsletter

RESPECTING OTHERS ONLINE: DIGITAL KINDNESS AND ANTI-CYBERBULLYING



Welcome

Welcome to our first Online Safety Newsletter.

This fortnightly newsletter will include helpful information, advice and tips for parents and educators, focusing on different themes of online safety to ensure that everyone knows how to keep children safe online.

Teaching Digital Kindness Resources

Scan these QR codes to find resources to help you understand cyberbullying and help to teach your child about its dangers and encourage them to be kind online:

MGL Online Safety Hub: Advice and guides for online safety.





Parentkind: Online safety toolkit for parents to protect children.

Design a poster about how to be kind online for your school's corridors, classrooms or your home.

Understanding Cyberbullying

Cyberbullying is a growing concern, affecting children of all ages and young children are becoming increasingly exposed to the risks.

It is important to recognise the signs that your child may be experiencing cyberbullying:

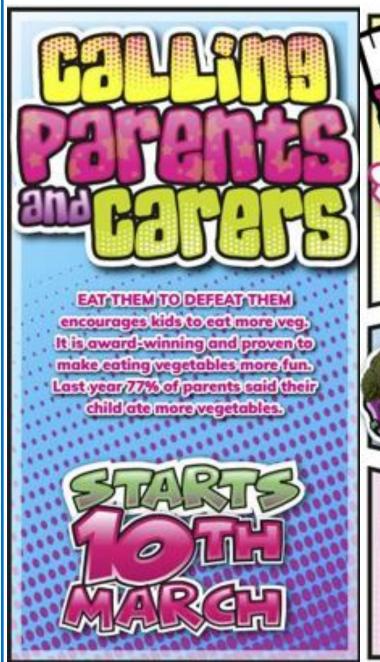
- Changes in behaviour Becoming withdrawn, or upset after using their phone or computer.
- Avoiding social interactions Reluctant to go to school.
- Secretive online behaviour Are they hiding their screens or not talking about their online activities?

Approaching Digital Kindness

Here are some tips to teach your child digital kindness when they're online:

- Before posting or responding online, encourage your child to pause and think
 - Would I say this in person?
- Is what I am saying...?
 - · True?
 - · Helpful?
 - Kind?
- Show your child how to be respectful online by modelling positive behaviour in your own posts, comments, and messages.

Eat Them to Defeat Them





Children will have come home from school with an 'Eat them to Defeat them' pack containing stickers and a chart. Over the coming weeks we will be encouraging children to increase their vegetable intake in the hopes of defeating the vegetables

Lunch Menu



Lunch Menu Week 3



| w/c 10th March | Manet Friendly MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|-------------------|---|--|--|--|---|--|
| SOUP | Chef Choice | Tomato & Basil | Broccoli and Cheddar | Roasted Pepper | Chinese Sweetcorn | |
| HOT MAINS | Quorn Mince Cottage Pie | Jewel's Chicken Karahi with wholegrain Rice | Chef Daniel's Beef and Bean Quesadillas | Beef Stifado with wholegrain Rice | Fish Fingers or Tandoori Salmon with Chips and Garden Peas | |
| | Broccoli and Cream Cheese Pasta Bake | Spanish Omelette with salad | Vegetable and Lentil Stev | Vegan Ravioli in G Homemade Tomato Sauce with Crusty Bread | Veggie Sausage Roll | |
| CHEF SPECIAL | Ask Chef about todays special! | | | | | |
| DESSERT | Fresh Fruit Salad | Apple Flapjacks | Sponge Cake topped with Jam and Whipped Cream | Shortbread Biscuits | Cheese and Crackers | |



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.

All menus are checked by a nutritionist and adhere to School Food

Standards.



Snacks and Drinks

Children in KS2 (Years 3—6) may bring a **HEALTHY** snack to eat at break time .This should not include crisps, sweets or chocolate.

Some suggestions:

- Fresh Fruit or Dried Fruit
- Low Sugar cereal bars that are not chocolate coated
- Crackers
- Vegetable sticks



We encourage children to drink water in school. If your child cannot drink water then a sugar free juice may be brought into school. Energy drinks such as Prime and Lucozade

Wrap up warm

During the winter months it is really important that the children bring a coat to school . We try to get outdoors as much as possible and embrace the colder temperatures.

Please make sure that hats and gloves have names and class numbers indicated on them.



Online Payments

Dinners can now be paid for via School Money online.

If you have not received your log in details please contact the school office where we will be happy to help.

Road Safety

If your child rides their bike or scooter to school, please talk to them about road safety and being very careful on their journey. Helmets should be worn for protection at all times.

Library Times

The library is open for children and parents on the following days

Monday—Nursery and Reception

Tuesday Year 1 and Year 2

Wednesday Years 3-6

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm

Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service

Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am - 4.30pm

Alternatively, you can email your concern to

ASD Training Team: 07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am - 12pm

Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy

Service

For general enquiries please email chol@/iverpool.gov.uk

Liverpool Sensory Service

For general enquiries sensoryservice@liverpool.gov.uk.

Speech and Language Support

Parents can contact the speech and language service on 0151 295 3990, and gain advice directly from a speech and language therapist. The child does not have to have a referral open, everyone is able to access this