

<u>Monksdown Mail</u>

Where Children Come First

Mrs Russell and
Mrs Stewart
Deputy-Mrs Price

Designated Safeguarding Leads:

Friday

24th

Januarv

202!

Dear Families of Monksdown,

Early Maths sets the foundations for learning, as Mathematics gives children a range of transferable skills they can use in everyday life. Our wonderful Maths lead (along with her pupil subject leads) have held two sessions for parents in Reception and Year 1.

The sessions were carried out with parents and children and really helped to show exactly how our children learn Maths at an early age.





The sheer volume of people who attended showed once again why Monksdown Parents really are the best parents there are!

Kindest Regards

Mrs Price

Our Stars!

Nursery	Oscar Wu
R1	Sofia Spiridon
R2	Brian Pereira
R3	Douglas Duddridge
1.1	Lillie Shrimpton
1.2	Sonny McStein
1.3	Charley Jo Kemp
2.1	Olivia Kasimu
2.2	Amity Taylor-Owens
2.3	Layla Hall
3.1	Stefan Wierszyl-
3.2	Jessica Hoos
3.3	Henleigh Lawless
4.1	Ivy-May Patterson
4.2	Aljaali Albukhari
4.3	Paige Browne
5.1	Lucas Campbell
5.2	Jacon Loughlin
5.3	Jaxon Macauley
6.1	Darcey Rose Haigh
6.2	Piper Bamber
6.3	Rebecca Green

Important Dates

27th-31st January
National Storytelling Week

Learning Showcase at 2;30pm

6.1—Monday 27th Jan 6.2 Wednesday 29th Jan 6.3 Thursday 30th Jan

3rd-7th February Bikeability
Children's Mental Health
Week

27th February Egyptian Feast

Monksdown Score Again!





We are immensely proud of our football team. We are currently in a Football league and currently sit top of the league after 6 games. They have won 4 and drew 2,. Amazingly the have only conceding 1 goal throughout.

Chess Masters!

This week some of our children attended a Chess tournament. All children enjoyed themselves and showed great respect to their opponents. We finished 2nd out of 4 schools and narrowly missing out on 1st place by 1/2 a point.



School Lunch Menu



Lunch Menu Week 4



w/c 27th January	Maret Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Chef Choice	Chinese Sweetcorn
HOT MAINS	Vegan Ravioli in Homemade Tomato Sauce served with Crusty Bread	All Day Breakfast	Chinese Chicken Curry with Rice & Prawn Crackers	Homemade Cottage Pie with Peas & Carrots	Fish Fingers or Tandoori Salmon 🚓 with Chips & Garden Peas
	Spanish Omelette with Salad	Roasted Red Pepper Quiche	Vegetable Egg Fried Rice	Vegetable & Lentil Stew	Veggie Sausage Rolls
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad	Shortbread Biscuits	Sponge Cake Topped with Jam & Whipped Cream	Apple Flapjacks	Cheese & Crackers



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.

All menus are checked by a nutritionist and adhere to School Food

Standards.

VegetarianVeganOily fish

w/c 3rd February	Manet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Red Pepper Soup	Chef Choice	Chinese Sweetcorn
HOT MAINS	Veggie Spaghetti Bolognese with Garlic Bread 🔮	Sausage Casserole with Mash	Carbonara Penne Pasta Bake with Homemade Garlic Bread	Chicken Fajitas	Fish Fingers with Chips & Mushy Peas
	welsh Rarebit	Individual Vegetable & Cheese Omelette	Vegetable & Rice Enchiladas	Cheese & Red Onion Quiche	Wholemeal Pizza
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	'Chocolate' Fudge Cake	Oat Cookies	Sticky Toffee Pudding	Fresh Fruit Salad	Cheese & Crackers



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0	Vegan
⊕1	Oily fish



In Partnership with Clubmoor and Ellergreen Children's Centre

Mental Health Awareness Level 2

A training package tailored towards individuals wishing to develop overall awareness of mental health as well as learning to manage and improve personal wellbeing, motivation and coping strategies

This course is FREE to complete if you meet all eligibility criteria for funding



What you will learn:

- Knowledge and understanding of what mental health is and the legislations that link to mental III health
- Increase your awareness of issues and environmental triggers surrounding mental health difficulties
- How to manage productivity, motivation levels and management strategies
- Understand how to access local resources which can support a person with mental health
- How mental health impacts on the care in the community and the mental health act
- Understand what it means to those detained under the mental health act
- Learn about a range of mental health problems that individuals may be diagnosed with



What you will get? Accredited Certification

Level 2 Awareness of Mental Health Problems





METROMAYOR

Induction:

Monday 27th January 9.30am-2.30pm

Start Date:

Monday 3rd February 9.30am-2.30pm

8 Sessions Every Monday 1 Week Break during half term

Support Session available from 2.30pm-4pm

Location:

Clubmoor Childrens Centre, 40 Utting Ave E, Liverpool L11 1DQ

To book on to this course or if you have any questions please contact the team:

info@3dtraining.uk.com 0151 294 4749

LIVERPOOL LITERACY CYCLE

YEAR OF

Welcome and formal handover by Deputy Lord Mayor Cllr Barbara Murray

12PM - 3PM SATURDAY 25TH JANUARY 2025 AT CENTRAL LIBRARY WILLIAM BROWN STREET L3 8EW



#LiverpoolSpeaks 🛱 Liverpool





Snacks and Drinks

Children in KS2 (Years 3—6) may bring a **HEALTHY** snack to eat at break time .This should not include crisps, sweets or chocolate.

Some suggestions:

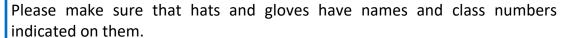
- Fresh Fruit or Dried Fruit
- Low Sugar cereal bars that are not chocolate coated
- Crackers
- Vegetable sticks



We encourage children to drink water in school. If your child cannot drink water then a sugar free juice may be brought into school. Energy drinks such as Prime and Lucozade are not permitted. Children in Early Years (Reception) and KS1 (Years 1-2) are provided with milk and fruit free of charge.

Wrap up warm

During the winter months it is really important that the children bring a coat to school . We try to get outdoors as much as possible and embrace the colder temperatures.





Online Payments

Dinners can now be paid for via School Money online.

If you have not received your log in details please contact the school office where we will be happy to help.

Road Safety

If your child rides their bike or scooter to school, please talk to them about road safety and being very careful on their journey. Helmets should be worn for protection at all times.

Library Times

The library is open for children and parents on the following days

Monday—Nursery and Reception

Tuesday Year 1 and Year 2

Wednesday Years 3-6