

Week 3 Week
commencing 14/9/20

Main Meal
We Provide A Variety
of Seasonal Hot and
Cold Dishes for
Children to Freely
Choose From
Alternative
Jacket Potatoes with
Tuna and other Fillings
Available Daily
Homemade Soup
Starchy Food
Various Bread Choices
Available
Vegetables
Salad Bar with Hummus
Dessert
Fresh Fruit, Selection
of Low Fat Yoghurts
and Homemade
Puddings Available
Every Lunch time

Monday

Homemade Vegetable
Lasagne served with
Salad and Crusty
Bread

Cherry Tomato Quiche

Chef Choice
Pasta

Tomatoes

Apple Flapjacks
Fresh Fruit

Tuesday

All Day Breakfast with
Sausage, Hash Brown,
Mushrooms,
Scrambled Egg, Beans

Creamy Cheese and
Pasta Bake

Leek and Potato
Wholemeal Toast

Mushrooms

Yoghurt Fruit Crunch
Pots
Fresh Fruit

Wednesday

Quorn Mince with
Homemade Mashed
Potato and Green
Beans

Vegetarian Moussaka
served with Salad

Chef Choice
Mashed Potato

Green Beans

Fresh Fruit Salad
Yoghurts

Welcome Back
Carvery

Chicken and Ham
Roast Dinner served
with Seasonal
Vegetables, Roast
potatoes, Stuffing and
Gravy

Tuna Pasta Salad

Tomato and Basil
Roast Potatoes

Broccoli

Sticky Toffee Pudding
Fresh Fruit

Friday

Fish Cake or Fish
Fingers and Chips
Served with Mushy
Peas

Tandoori Salmon
Served with Tear Drop
Naan Bread

Chef Choice
Homemade Chips

Mushy Peas

Cheese and Crackers
Mixed Flavour
Yoghurts