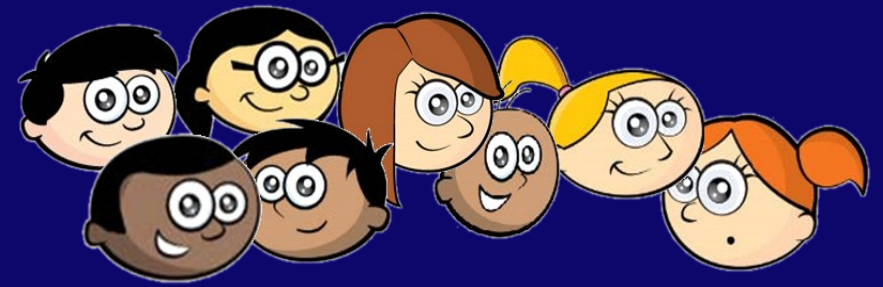




MONKSDOWN PRIAMRY SCHOOL
REMOTE LEARNING ACTIVITIES
Respect, Resilience, Resourcefulness &
Responsibility.



Key Stage 2

Date: 11.1.21

Physical Education - Daily Activities

Monday

Fitness - [PE with Joe](#)

Games - [Co-ordination with ball skills](#)

Dance - [Just Dance - One Direction](#)

Tuesday

Yoga - [Harry Potter and the Philosopher's Stone](#)

Gymnastics - [Rock and Roll gymnastics](#)

Games - [In the hat](#)

Wednesday

Fitness - [PE with Joe](#)

Games - [Living Room Volleyball](#)

Dance - [Filbert Fox](#)

Thursday

Fitness - [Alternating Exercises](#)

Yoga - [Yoga with Adriene](#)

Dance - [Just Dance - Ghostbusters](#)

Friday

Fitness - [PE with Joe](#)

Games - [Shooting Challenge](#)

Gymnastics - [Shapes and Travel](#)

We would love to see your moves! Tweet
Mr Corrigan and Miss Farley
[@monksdownsport](#)