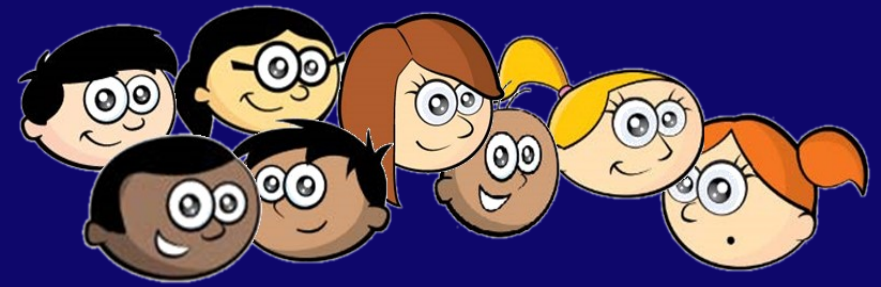




MONKSDOWN PRIMARY SCHOOL  
REMOTE LEARNING ACTIVITIES  
Respect, Resilience, Resourcefulness &  
Responsibility.



Key Stage 2

Date: 18.1.21

Physical Education - Daily Activities

### Monday

Fitness - [PE with Joe](#)

Games - [Skipping Challenge](#)

Dance - [Just Dance - Call Me Maybe](#)

### Tuesday

Yoga - [Star Wars - The Force Awakens](#)

Gymnastics - [Gymnastics for Kids](#)

Games - [Star Jumps Challenge](#)

### Wednesday

Fitness - [PE with Joe](#)

Games - [Living Room Volleyball](#)

Dance - [Fred the Red](#)

### Thursday

Fitness - [Tabata](#)

Yoga - [Yoga with Adriene - Mind](#)

Dance - [Just Dance - Firework](#)

### Friday

Fitness - [PE with Joe](#)

Games - [Olympic Games - Shuttle Runs](#)

Dance - [Kidz Bop Dance-along](#)

We would love to see your moves! Tweet  
Mr Corrigan and Miss Farley  
[@monksdownsport](#)