



Monksdown Mail

Where Children Come First

Friday 8th January



Our school's
child protection
officers are
Mrs Price, Mrs
Stewart and Miss Makin.

Happy New Year

Welcome to the new term and the New Year. It certainly hasn't started how we would have hoped or expected but I know we will all work together to ensure our children and families are supported throughout these unprecedented times once again.

Once, we received the Prime Minister's announcement on Monday evening school had to act swiftly in order to plan and organise the coming weeks. I apologise for the numerous messages, tweets, letters etc but I wanted to keep you fully informed and involved at every point. I have to say I was overwhelmed by the messages of gratitude and support we received. Thank you so much.

Remote Learning

Whilst the school remains closed to all children with the exception of children of critical workers and those identified as vulnerable, learning will still continue.

We would urge you to follow Government Guidance and keep your child at home unless it is absolutely necessary to send them into school.

All children have been set remote learning and will also have a learning pack at home. Please visit our school website (www.monksdownprimary.co.uk/remote-learning) where you will find all guidance and expectations clearly set out for your child to follow.

Reception and Nursery

The Tapestry on -line journal will have lessons and activities taught by teachers which can be accessed through the 'memo' function. New lessons and activities will be added everyday including stories read by early years staff.

If you access the remote learning page on the website for your child's class you will find more weekly activities, this will also include activities to support well-being. These are changed weekly. You will also find useful apps, websites and information to support remote learning on this page.

Daily Meet and Greet Years 1 -6

Our morning Meet and Greet your teacher and support assistant have been very successful. Well done and thank you to the many of you who have already engaged with this and are realising the benefits. The children are loving it and I feel these sessions really set the tone for the day and prepare our children for the learning for the day, You, as parents and carers are doing a terrific job in supporting your children.

We would love all children to be online at these sessions every day. Should your child be unwell, please let the school office know via the usual channels as you would under normal circumstances.

"Great things are done by a series of small things brought together" Vincent Van Gogh

Let us do those small things that really make a difference. Have a safe weekend. Every blessing to you all

Mrs Price

Our Stars!

- ★ NAM: All Nursery
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- ★ R.1: Eunice Adepoju
- ★ R.2: Mason Collins
- ★ R.3: Matthew Whitmore
- ★ 1.1: Febe Wong
- ★ 1.2: Maisie McDonald
- ★ 1.3: Addisyn Webster
- ★ 2.1: Mason Baines
- ★ 2.2: Anna Boardman
- ★ 2.3: Grace Flynn
- ★ 3.1: Theo Mylchreest
- ★ 3.2: Deacon Nixon
- ★ 3.3: Lily Griffiths
- ★ 4.1: Maja Parzecka
- ★ 4.2: Lucy Wileman
- ★ 4.3: Lucy Biermann
- ★ 5.1: Billy Shepherd
- ★ 5.2: Maisie Williams
- ★ 6.1: Karina Tuta
- ★ 6.2: Francis Wileman

Dates to Remember

Monday 22nd February
Expected return to school

Friday 26th March
End of Spring term

Monday 12th April
Children return to school

Friday 28th May
Finish for Summer half term

Monday 14th June
Children return to school

Motivating Monday

Start your day with a Joe Wicks workout. (You tube)

Make up an exercise or dance routine and teach it to your family, You could do it to music.

Thoughtful Thursday

Start your day with Cosmic Kids Yoga. (You tube)

Decorate an old cardboard box and create a Happy Box. Draw or put in some things that make you happy. You could include some photographs of people that make you happy.

Talking Tuesday

Start your day with Cosmic Kids Yoga. (You tube) Set up a phone call with a friend or someone in your extended family.

Wellbeing
11/1/21
EYES/KSI

At this strange and difficult time it is more important than ever to look after your wellbeing. It is normal at this time to feel sad, lonely and scared. Covid-19 has impacted on our usual coping strategies and we may need to be more creative than ever. This sheet provides you and your family with some activities you can complete each day to look after your wellbeing!

Wellbeing Wednesday

Start you day with a Joe Wicks workout. (You tube)

Talk about different feelings with your family. Using playdough or other materials make some faces showing different emotions.

Fitness Friday

Start you day with a Joe Wicks workout. (You tube)

Put on your favourite music, crank up the volume and have a dance party. For extra fun, turn out the lights and add sun fun lighting such as a disco ball or glow sticks.

Motivating Monday

Start your day with a Joe Wicks workout. (You tube)

Make up an exercise or dance routine and teach it to your family, You could do it to music.

Thoughtful Thursday

Start your day with Cosmic Kids Yoga. (You tube)

Using an empty jar, cup or box create a Gratitude Jar and think about different people, things, and events you are grateful for. Write or draw what you are grateful for and place then inside a Gratitude Jar.

Talking Tuesday

Start your day with Cosmic Kids Yoga. (You tube) Set up a phone call with a friend or someone in your extended family.

Wellbeing
11/1/21
KS2

At this strange and difficult time it is more important than ever to look after your wellbeing. It is normal at this time to feel sad, lonely and scared. Covid-19 has impacted on our usual coping strategies and we may need to be more creative than ever. This sheet provides you and your family with some activities you can complete each day to look after your wellbeing!

Wellbeing Wednesday

Start you day with a Joe Wicks workout. (You tube)

Create a feelings diary and each day record how you are feeling. Remember to speak to your family about how you are feeling.

Fitness Friday

Start you day with a Joe Wicks workout. (You tube)

Put on your favourite music, crank up the volume and have a dance party. For extra fun, turn out the lights and add sun fun lighting such as a disco ball or glow sticks.



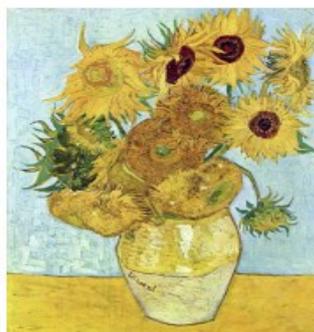
MONKSDOWN
Primary School
Artist of the week

Vincent Van Gogh

Van Gogh is one of the most well-known painters. Vincent Van Gogh was born on 30 March 1853 in Holland. In just over ten years, he created about 2,100 artworks. They include landscapes, still life, portraits and self-portraits. They can be recognised by bold colours and dramatic, impulsive and expressive brushwork. His most famous paintings include Sunflowers and Starry Night.



Art movement:
Post-Impressionism



Question of the Week

Van Gogh had a very difficult life. Look at the paintings he's created. Do you think his choice of brushstrokes give an insight into how he was feeling?

Weekend art task

Can you create an arrangement, similar to Van Gogh's sunflowers and paint or draw it?

Week 1 - Friday 8th January