

## Stick Man Feelings activity.

- Look through the Emotions and Expressions Display Posters one at a time, asking the children to identify each emotion. Can you make the same face? (Have a go at pulling faces – it’s a LOT of fun! Do you make a different face when you have that feeling?)
- Look at the picture that shows Stick Man, his family and the family tree. Ask your child to look at the picture and decide how Stick Man is feeling at this point in the story. Can they choose an emotion picture or show their emotion with their face?
- Why does he feel like that? Can they say why?
- Repeat the same activity with the other pictures of Stick Man – name the emotion and say why he felt like that.
- Talk to your child about how Stick Man feels many different emotions during his journey and how sometimes he feels different emotions at the same time.
- Explain that this is like us – during one day we can feel many different emotions, often due the events that happen around us or things that we do.
- Ask the children to think of times that they have felt some of the emotions you’ve looked at today.
- Can they choose an emotion and finish the sentence: “I felt ---- -- when-----“, sharing a time when they have felt that emotion. (I felt happy when I went to the park/saw my friend.) Share some of your ideas too.

Let me know how you get on with this activity and what is your favourite emotion? Email me at [monksnursery@gmail.com](mailto:monksnursery@gmail.com) or upload your comment to Tapestry.

