



Year 1

Date: 01.02.21

Our whole school theme for this week is: Resilience

## DAILY ENGLISH ACTIVITIES

English: Book - *The Lion inside* - [LINK TO STORY](#)

**Monday: Writing** - [Highlight -er and -est words in the story.](#)

**Reading** - Listen or read your favourite story book with your grownup. Can you talk about your favourite character?

**Phonics** - Learn the sound ear [Video](#)

**Tuesday: Writing** - [Sequence the story](#)

**Reading** - Read a book using [Oxford Owl](#) - [Click here for help](#)

**Phonics** - Learn the sound air [Video](#)

**Wednesday: Writing** - [Beginning, Middle and End](#)

**Reading** - Read the story *The Lion Inside*. *What do you think of the story?* Can you write a [book review](#)?

**Phonics** - Learn the sound ure [Video](#)

**Thursday: Writing** - [Plan a letter](#)

**Reading** - Read a book using [Oxford Owl](#) - [Click here for help](#)

**Phonics** - Learn the sound er [Video](#)

**Friday: Writing** - Write a letter to Mrs Price in your books.

**Reading** - [Reading comprehension](#) - You can choose which of three activities you would like to complete.

**Phonics** - Listen to the [tricky word song](#) practise spelling them.

## DAILY MATHS ACTIVITIES

Maths focus: Numbers to 20

Watch the videos then complete the activities below.

**Monday:** Count forwards and backwards to 20 [Video](#) [Activity](#)

**Tuesday:** Numbers 11-20 [Video](#) [Activity](#)

**Wednesday:** Tens & ones [Video](#) [Activity](#)

**Thursday:** Tens & ones [Video](#) [Activity](#)

**Friday:** One more, one less  
[Video](#) [Activity](#)

**Challenge:** What's in a name? [Activity](#)

Don't forget to practise counting in 2's, 5's and 10's every day!

[Here is a song to help you remember.](#)

## WIDER CURRICULUM

MENTAL HEALTH WEEK

**Monday:** *Emotions*—Play the [Emotions Board Game](#).

**Tuesday:** *Likes and Dislikes*— Design a [coat of arms](#) with your likes and dislikes.

**Wednesday:** *Individuality*— Talk about what makes you special. Learn the song "[This is Me](#)"

**Thursday:** *Express yourself*— [Create an image to show your uniqueness.](#)

**Friday:** *Dress to Express* - Come to your morning meeting dressed to express yourself i.e. pink as it's your favourite colour.

[Colouring Sheets](#) [Mindfulness mats](#)

**This week, every day at 11.30 we have an Express Session run by MYA Raise Team - [Link](#)**

## LOOKING AFTER YOURSELF

[Weekly Well-Being check](#)

Check out our [KSI Weekly PE timetable](#)

## COOKERY



[Handa's Exotic Fruit Salad](#)

[LINK TO STORY](#)