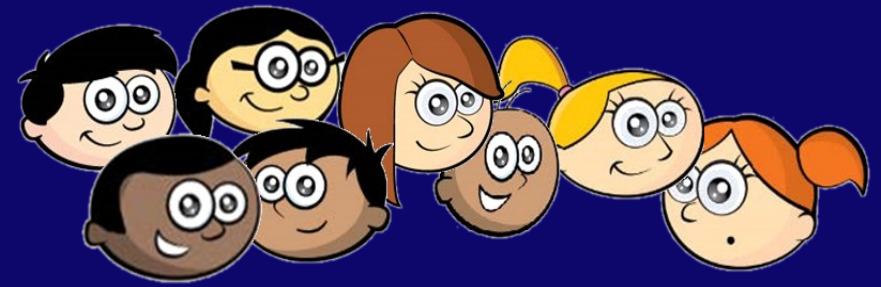




MONKSDOWN PRIMARY SCHOOL
REMOTE LEARNING ACTIVITIES
Respect, Resilience, Resourcefulness &
Responsibility.



Key Stage 2

Date: 25.1.21

Physical Education - Daily Activities

Monday

Fitness - [PE with Joe](#)

Gymnastics - [Rolling Challenge](#)

Dance - [Just Dance - Taio Cruz](#)

Tuesday

Fitness - [Fitness with Toilet Roll](#)

Yoga - [Minecraft Yoga](#)

Games - [Balancing Challenge](#)

Wednesday

Fitness - [PE with Joe](#)

Games - [Tap Up Tennis](#)

Dance - [Moonbeam](#)

Thursday

Fitness - [Avengers Tabata](#)

Yoga - [Yoga with Adriene - Body](#)

Dance - [Just Dance - Party Rock Anthem](#)

Friday

Fitness - [PE with Joe](#)

Games - [Olympic Games - Wall jump](#)

Dance - [Dance Along Dance Monkey](#)

We would love to see your moves! Tweet
Mr Corrigan and Miss Farley
[@monksdownsport](#)