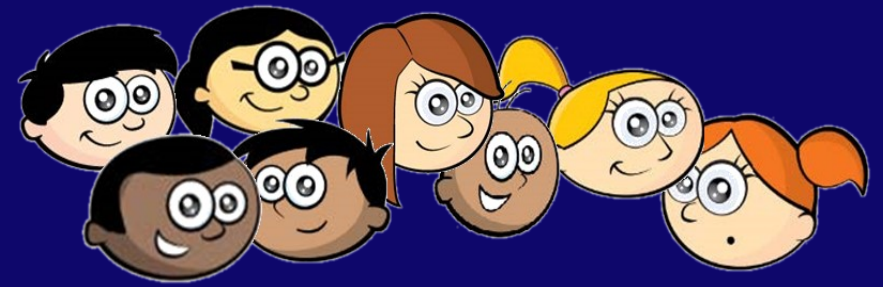




MONKSDOWN PRIMARY SCHOOL
REMOTE LEARNING ACTIVITIES
Respect, Resilience, Resourcefulness &
Responsibility.



Key Stage 2

Date: 1.3.21

Physical Education - Daily Activities

Monday

Fitness - [PE with Joe](#)

Games - [The 5 Sheet Challenge](#)

Dance - [Just Dance - Shape of You](#)

Tuesday

Athletics - [Follow Instructions](#)

Games - [Unison Games](#)

Yoga - [Super Yoga - Dinosaur Disco](#)

Wednesday

Fitness - [PE with Joe](#)

Games - [Would you rather?](#)

Yoga - [Yoga with Adriene - Rainbow Yoga](#)

Thursday

Games - [Word Search Game](#)

Fitness - [Spider Man Workout](#)

Dance - [Kidz Bob - Shout Out to my Ex](#)

Friday

Fitness - [PE with Joe](#)

Dance - [Just Dance - Katy Perry](#)

Athletics - [Long Jump](#)

We would love to see your moves! Tweet
Mr Corrigan and Miss Farley
[@monksdownsport](#)