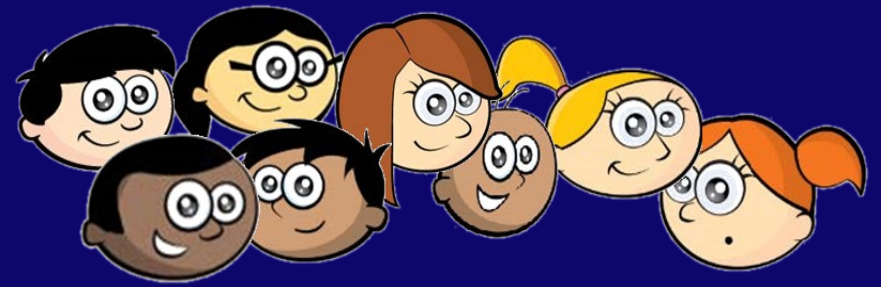




MONKSDOWN PRIMARY SCHOOL
REMOTE LEARNING ACTIVITIES
Respect, Resilience, Resourcefulness &
Responsibility.



Key Stage 1

Date: 22.2.21

Physical Education - Daily Activities

Monday

Fitness - [PE with Joe](#)

Games - [Move and Freeze](#)

Dance - [Go Noodle - Clap it out](#)

Tuesday

Yoga - [Spot the Spider](#)

Fitness - [Andy's Wild Workout - Night Time](#)

Dance - [Clara the Hen](#)

Wednesday

Fitness - [PE with Joe](#)

Games - [Juggling](#)

Dance - [The Llama Song](#)

Thursday

Fitness - [Interval Training](#)

Games - [At Home Scavenger Hunt](#)

Dance - [Taking Care of our World](#)

Friday

Fitness - [PE with Joe](#)

Games - [Where in the World?](#)

Dance - [Zumba Kids - Old Town Road](#)

We would love to see your moves! Tweet
Mr Corrigan and Miss Farley
[@monksdownsport](#)