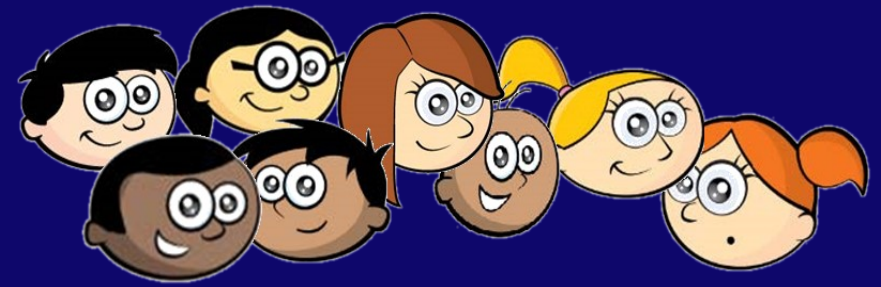




MONKSDOWN PRIMARY SCHOOL
REMOTE LEARNING ACTIVITIES
Respect, Resilience, Resourcefulness &
Responsibility.



Key Stage 1

Date: 1.3.21

Physical Education - Daily Activities

Monday

Fitness - [PE with Joe](#)

Games - [Get Funky](#)

Dance - [Go Noodle- Casagrandes Dance](#)

Tuesday

Yoga - [Jack and the Beanstalk](#)

Fitness - [Andy's Wild Workouts - Rainforest](#)

Dance - [Wendy Wolf](#)

Wednesday

Fitness - [PE with Joe](#)

Games - [Fine Motor Skills](#)

Dance - [The Beaver Call](#)

Thursday

Fitness - [Overarm Throw](#)

Games - [Animal Detective](#)

Dance - [Coping with Feelings](#)

Friday

Fitness - [PE with Joe](#)

Games - [Word Search Game](#)

Dance - [Zumba - Sia](#)

We would love to see your moves! Tweet
Mr Corrigan and Miss Farley
[@monksdownsport](#)