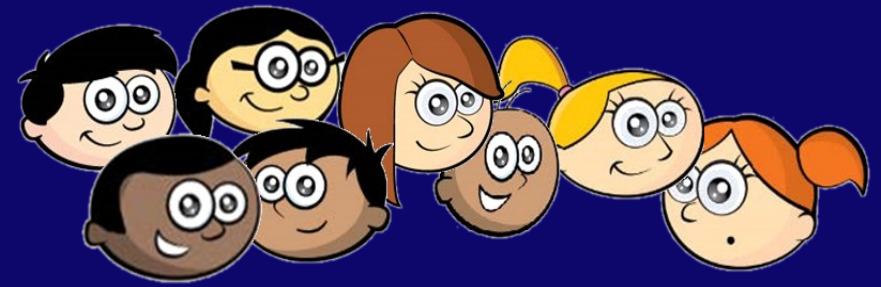




MONKSDOWN PRIMARY SCHOOL
REMOTE LEARNING ACTIVITIES
Respect, Resilience, Resourcefulness &
Responsibility.



Key Stage 1

Date: 8.2.21

Physical Education - Daily Activities

Monday

Fitness - [PE with Joe](#)

Athletics - [Underarm Throw](#)

Dance - [Go Noodle - Melting Meditation](#)

Tuesday

Yoga - [Room on the Broom](#)

Fitness - [Andy's Wild Workouts - Beaches](#)

Dance - [Joe Tracini's Fractions](#)

Wednesday

Fitness - [PE with Joe](#)

Athletics - [Overarm Throw](#)

Dance - [Moose Fabio](#)

Thursday

Athletics - [Underarm Roll](#)

Games - [The Teddy Bear Jump](#)

Dance - [Being Happy and Safe](#)

Friday

Fitness - [PE with Joe](#)

Games - [Towel Toss](#)

Dance - [Zumba Kids - Freeze Dance](#)

We would love to see your moves! Tweet
Mr Corrigan and Miss Farley
[@monksdownsport](#)