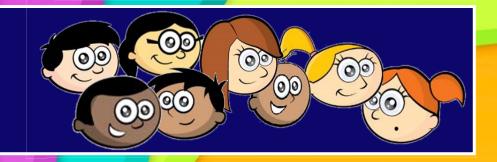


# MONKSDOWN PRIMARY SCHOOL

# REMOTE LEARNING ACTIVITIES

Respect, Resilience, Resourcefulness & Responsibility.



Key Stage 2

Date: 22.2.21

Physical Education - Daily Activities

#### Monday

Fitness - PE with Joe

Athletics - <u>Shadow Boxing - Session 4</u>

Dance - Just Dance - I got a feeling

# Tuesday

Athletics - Alphabet Fitness

Games - Shooting Challenge

Yoqa - <u>Super Yoqa - Stretch Safari</u>

#### Wednesday

Fitness - PE with Joe

Games - Football Fitness

Yoga - Yoga with Adriene - Yoga Party

# Thursday

Games - At Home Scavenger Hunt

Fitness - <u>The Professor Snape Workout</u>

Dance - Kidz Bob - High Hopes

#### Friday

Fitness - PE with Joe

Dance - Just Dance - Wake me up

Games - Where in the world?

We would love to see your moves! Tweet
Mr Corrigan and Miss Farley
@monksdownsport