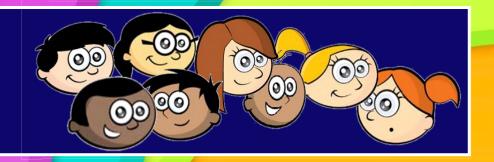


Key Stage I

## MONKSDOWN PRIMARY SCHOOL REMOTE LEARNING ACTIVITIES

Respect, Resilience, Resourcefulness & Responsibility.



Physical Education - Weekly Activities

Week beginning 8.3.21

Games - <u>Stomp to the Beat</u>

Dance - <u>Go Noodle - Moose Tube</u>

Fitness - Up in the Air with Andy

<u>Week beginning 15.3.21</u> Yoga - <u>Alice in Wonderland</u> Fitness - <u>Andy's Workouts - Rain Forests</u> Dance - <u>Monty Magpie and Billy the Badger</u>

Week beginning 22.3.21 Games - Dribbling Dance - Pizza Man Yoqa - <u>The Twits</u> <u>Week beginning 12.4.21</u> Fitness - <u>Agility</u> Dance - <u>Fit and Well</u>

Yoga - <u>Three Billy Goats Gruff</u>

Week beginning 19.4.21 Dance - Zumba Kids - Old Town Road Fitness - Deserts with Andy Yoga - Unicorn of dreams

We would love to see your moves! Tweet Mr Corrigan and Miss Farley @monksdownsport