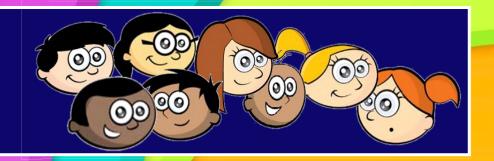


Key Stage 2

## MONKSDOWN PRIMARY SCHOOL REMOTE LEARNING ACTIVITIES

Respect, Resilience, Resourcefulness & Responsibility.



Physical Education - Weekly Activities

Week beginning 8.3.21

Games - <u>Netball</u>

Dance - Just Dance - Boom Boom

Fitness - Agility

Week beginning 15.3.21

Athletics - Animal Pentathlon

Fitness - <u>Endurance</u>

Yoga – <u>Super Yoga – Underwater Party</u>

<u>Week beginning 22.3.21</u> Fitness - <u>Balance</u> Games - <u>Jump Around</u> Yoga - <u>Yoga with Adriene - Yoga for Focus</u> Week beginning 12.4.21 Fitness - Coordination Dance - Kidz Bob - Say So Games - Wonder Woman Week beginning 19.4.21 Games - As quick as you can Dance - Just Dance - Kung Fu Fighting Fitness - Karate

We would love to see your moves! Tweet Mr Corrigan and Miss Farley @monksdownsport