



Week Commencing 30/08/21

## DAILY CHEF SPECIALS!

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From				Vegetable Stir fry served with Noodles and Stir fry Vegetables	Fish Fingers with Chips and Baked Beans
<b>Alternative</b> Jacket Potatoes with Tuna and other Fillings Available Daily				Veg Samosa and Spring Rolls	Homemade Salmon and Leek Fish Pie
<b>Homemade Soup</b>				Broccoli and Cheddar	Chef Choice
<b>Starchy Food</b> Various Bread Choices Available				Noodles	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummus				Broccoli	Baked Beans
<b>Dessert</b> Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time				Iced Shortbread  Fresh Fruit	Cheese and Crackers  Fresh Fruit

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Curry with Yoghurt and Mint Dip Served with Rice	All Day Breakfast with Sausage, Scrambled Egg, Wholemeal Toast, Mushrooms and Hash Browns	BBQ Chicken with Rice served with Butter Glazed Corn on the Cob	Ham Roast Dinner with Cauliflower Cheese, Roast Potatoes, Baby Carrots and Gravy	Homemade Battered Fish with Chip and Minted Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Pesto Pasta	Red Onion Quiche	Quorn Mince Cottage Pie	Broccoli and Pasta Bake	Veggie Sausage Roll
<b>Homemade Soup</b>	<b>Chef Choice</b>	<b>Vegetable</b>	<b>Chinese Sweetcorn</b>	<b>Leek and Potato</b>	<b>Chef Choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Wholemeal Rice	Wholemeal Toast	Rice	Roast Potato	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummus	<b>Celery and Cabbage</b>	<b>Mushrooms</b>	<b>Sweetcorn</b>	<b>Carrots and Broccoli</b>	<b>Mushy Peas</b>
<b>Dessert</b> Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	'Chocolate' Fudge Cake  Fresh Fruit	Vanilla Cheesecake  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Apple Turnovers  Fresh Fruit	Cheese and Crackers with Yoghurts  Fresh Fruit

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Week Commencing 13/09/21

## DAILY CHEF SPECIALS!

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Lasagne served with Salad and Crusty Bread	Cumberland Sausage Slice served with Homemade Wedges and Brown Sauce	Spanish Chicken Traybake with Mixed Peppers served with Rice	Homemade Scouse served with Red Cabbage and Crusty Bread	Fish Cake or Fish Fingers and Chips Served with Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Cherry Tomato Quiche served with Crispy Fresh Salad	Tuna Pasta with Cucumber and Red Onion	Veggie Sausage Toasties	Twice Baked Jacket Potatoes	Tandoori Salmon Served with Teardrop Naan Bread
<b>Homemade Soup</b>	<b>Chef Choice</b>	<b>Leek and Potato</b>	<b>Red Pepper Soup</b>	<b>Tomato and Basil</b>	<b>Chef Choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Pasta	Mash Potato	Wholemeal Rice	Potatoes	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummus	<b>Tomatoes</b>	<b>Green Beans</b>	<b>Peppers</b>	<b>Carrots</b>	<b>Mushy Peas</b>
<b>Dessert</b> Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	Iced Apple Flapjacks  Fresh Fruit	Fresh Fruit Trifle  Fresh Fruit	Sticky Toffee Pudding  Yoghurts	Fresh Fruit Salad  Fresh Fruit	Rich Chocolate Cookies  Mixed Flavour Yoghurts

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Week Commencing 20/09/21

## DAILY CHEF SPECIALS!

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Pizza with Wholemeal Pizza Base served with Homemade Wedges and Salad	Chicken Roast Dinner with Roast Potatoes, Stuffing, Broccoli, Carrots and Gravy	Lamb Kofta Kebab served with Pita Bread, Rice and Carrot and Orange Coleslaw	Homemade Sausage and Mashed Potato with Onion Gravy	Fish Fingers with Chips and Baked Beans
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Vegetable Fried Rice	Asian Noodles	Tomato and Basil Pasta	Homemade Salmon and Leek Fish Pie	Veggie Sausage Roll
<b>Homemade Soup</b>	Leek and Potato	Tomato and Basil	Carrot and Coriander	Broccoli and Cheddar	Chef Choice
<b>Starchy Food Various Bread Choices Available</b>	Pizza Base	Roast Potato	Rice	Mash Potato	Homemade Chips
<b>Vegetables Salad Bar with Hummus</b>	Mixed Salad	Seasonal Vegetable	Carrots	Broccoli	Baked Beans
<b>Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time</b>	Fresh Fruit Salad  Yoghurts	Cherry Bakewell Slice served with Custard  Fresh Fruit	Carrot Cake  Yoghurts	Cheese and Crackers  Fresh Fruit	Arctic Roll  Fresh Fruit

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Week Commencing 27/09/21

## DAILY CHEF SPECIALS!

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Curry with Yoghurt and Mint Dip Served with Brown Rice	All Day Breakfast with Sausage, Scrambled Egg, Wholemeal Toast, Mushrooms, Roasted Tomatoes	Homemade Spaghetti Bolognese served with Crusty Bread	Slow Cooked Chicken Tagine served with Couscous and a Greek Yoghurt Dip	Homemade Battered Fish with Chip and Minted Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Quiche	Vegetable and Feta Pasta	Veggie Sausage Toasties	Macaroni Cheese	Veggie Sausage Roll
<b>Homemade Soup</b>	<b>Chef Choice</b>	<b>Vegetable</b>	<b>Chef Choice</b>	<b>Tomato and Basil</b>	<b>Chef Choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Wholemeal Rice	Wholemeal Toast	Spaghetti	Couscous	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummus	Celery and Cabbage	Mushrooms	Peas	Tomatoes	Mushy Peas
<b>Dessert</b> Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	'Chocolate' Fudge Cake  Fresh Fruit	Vanilla Cheesecake  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Chocolate Cookies  Fresh Fruit	Cheese and Crackers with Yoghurts  Fresh Fruit

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Week Commencing 04/10/21

## DAILY CHEF SPECIALS!

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Lasagne served with Salad and Crusty Bread	Steak Mince Pie and Mash Potato with Onion Gravy and Green Beans	Broccoli and Chorizo Penne Pasta served with Crusty Bread	Chicken Ramen Noodle served with Half a boiled Egg and Spring Onions	Fish Fingers and Chips Served with Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Cherry Tomato Quiche served with Crispy Fresh Salad	Spicy Quorn Enchilada	Cheese and Onion Plate Pie	Twice Baked Jacket Potatoes	Veggie Burger in a Bun
<b>Homemade Soup</b>	<b>Chef Choice</b>	<b>Leek and Potato</b>	<b>Broccoli and Cheddar</b>	<b>Chef Choice</b>	<b>Chef Choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Lasagne Sheets	Mash Potato	Pasta	Noodles	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummus	<b>Tomatoes</b>	<b>Green Beans</b>	<b>Broccoli</b>	<b>Spring Onions</b>	<b>Mushy Peas</b>
<b>Dessert</b> Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	Apple Flapjacks  Fresh Fruit	Yoghurt Fruit Crunch Pots  Fresh Fruit	Sticky Toffee Pudding  Yoghurts	Coconut Ices  Fresh Fruit	Rich Chocolate Cookies  Mixed Flavour Yoghurts

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Week Commencing 11/10/21

# DAILY CHEF SPECIALS!

Week 7	Monday	Tuesday	Wednesday	Thursday Celebrate National Sausage Month	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Pizza served with Wedges and Fresh Salad	Homemade Chicken Curry served with Rice and Naan Bread	Homemade Vegetable Stir-fry served with Egg Noodles	Chef's selected Sausage served with Homemade Mash Potato and Onion Gravy	Fish Fingers served with Chips and Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Tuna Pasta with Cucumber and Red Onion	Cherry Tomato Quiche	Vegetable Ravioli in Homemade Tomato Sauce	Glamorgan Sausage	Veggie Sausage Roll
<b>Homemade Soup</b>	Chef Choice	Split Pea	Tomato and Basil	Chef Choice	Chef Choice
<b>Starchy Food Various Bread Choices Available</b>	Pizza Base	Rice	Egg Noodles	Mash Potato	Chips
<b>Vegetables Salad Bar with Hummus</b>	Mixed Salad	Tomatoes	Stir-fry Vegetables	Broccoli	Peas
<b>Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time</b>	Iced Shortbread  Fresh Fruit	Sponge Cake with Custard  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Apple Flapjacks  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

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Week Commencing 18/10/21

## DAILY CHEF SPECIALS!

Week 8	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Quorn Chicken Nuggets served with Homemade Wedges and Fresh Salad	Homemade Lamb Mince Shepherd's Pie served with Green Beans	Homemade Vegetable Curry with Rice and Naan Bread	Homemade Spaghetti Bolognese served with Crusty Bread	Hotdog in a Bun with Homemade Chips and Beans
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Spaghetti with Tomato and Basil Sauce	Samosa and Spring Rolls	Red Onion Quiche	Vegetable Fried Rice	Tandoori Salmon
<b>Homemade Soup</b>	Peppers	Red Pepper	Chef Choice	Vegetable	Chef Choice
<b>Starchy Food</b> Various Bread Choices Available	Wedges	Mashed Potato	Rice	Spaghetti	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummus	Salad	Green Beans	Carrots	Tomatoes	Baked Beans
<b>Dessert</b> Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	Cherry Flapjacks  Fresh Fruit	Warmed Scotched Pancakes with Cream and Golden Syrup	Fresh Fruit Salad  Mixed Yoghurts	Scones with Butter and Jam  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

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