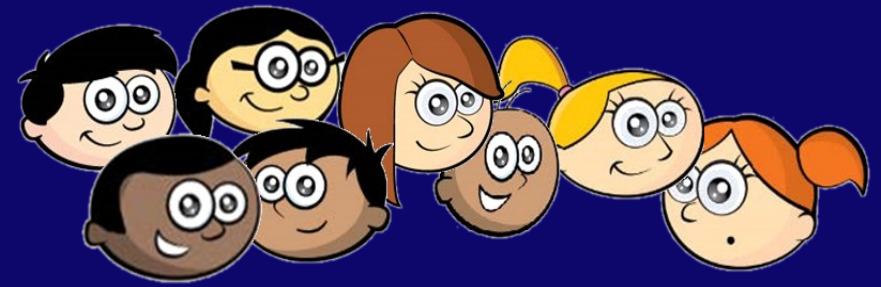




MONKSDOWN PRIMARY SCHOOL
REMOTE LEARNING ACTIVITIES
Respect, Resilience, Resourcefulness &
Responsibility.



Key Stage 1

Date: 25.1.21

Physical Education - Daily Activities

Monday

Fitness - [PE with Joe](#)

Gymnastics - [Handstands](#)

Dance - [Go Noodle - Trolls](#)

Tuesday

Yoga - [Diggory the Dumptruck](#)

Fitness - [Andy's Wild Workouts - Savannah](#)

Dance - [Cheerleader - Tell the Time](#)

Wednesday

Fitness - [PE with Joe](#)

Games - [Super Skills - Shuffle](#)

Dance - [Dance Freeze Link](#)

Thursday

Gymnastics - [Forward Roll](#)

Yoga - [Squish the Fish](#)

Dance - [Webster the Spider](#)

Friday

Fitness - [PE with Joe](#)

Games - [Super Skills - Toe Taps](#)

Dance - [Zumba Kids Minions](#)

We would love to see your moves! Tweet
Mr Corrigan and Miss Farley
[@monksdownsport](#)