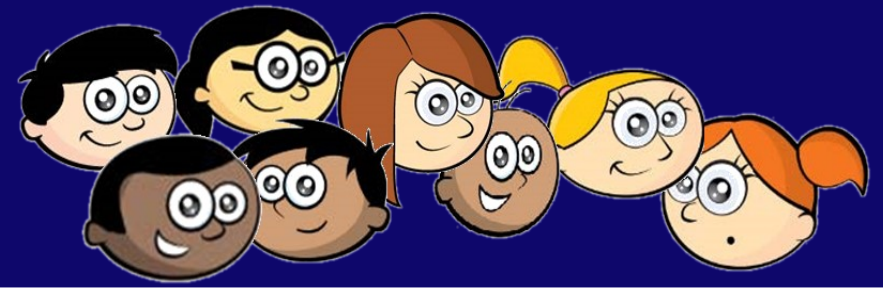




MONKSDOWN PRIAMRY SCHOOL
REMOTE LEARNING ACTIVITIES
Respect, Resilience, Resourcefulness &
Responsibility.



Key Stage 1

Date: 11.1.21

Physical Education - Daily Activities

Monday

Fitness - [PE with Joe](#)

Games - [Kings and Emperors](#)

Dance - [Go Noodle - Dance with Sonic](#)

Tuesday

Yoga - [We're going on a bear hunt](#)

Fitness - [Alternating Exercises](#)

Dance - [Mr Pumpernickel](#)

Wednesday

Fitness - [PE with Joe](#)

Games - [Teddy Bear Balance](#)

Dance - [Go Noodle - Snap along with the Adam's family](#)

Thursday

Fitness - [Balance focus](#)

Yoga - [The very hungry caterpillar](#)

Dance - [Number bonds with Martin](#)

Friday

Fitness - [PE with Joe](#)

Games - [Balloon Rally](#)

Dance - [Move along with Frozen](#)

We would love to see your moves! Tweet
Mr Corrigan and Miss Farley
[@monksdownsport](#)