



PSHE and SMSC Policy

Intent

Our Vision

At Monksdown Primary school we are committed to delivering an inspirational curriculum that develops confident learners. Children are encouraged to take ownership of their learning and be proud of their achievements, which will in turn prepare them for life in Britain and today. It is our aim to provide the children of Monksdown with the knowledge, understanding, attitudes and practical skills they need to live healthy, safe, productive, fulfilled and responsible lives. It is vital that we offer every opportunity to ensure that all of our pupils get the support they need to reach their full potential. As a school, we use a whole school approach that embraces a rich PSHE education that brings out the best in everyone. As educators, we are aware that we have a huge responsibility in aiding the development of the citizens of tomorrow. Every day we are helping to shape each young person that we come into contact with. We are key to supporting the children becoming moral, well-behaved, healthy, successful and critical individuals. We do this by the way we talk to each other and to the children, the behaviours we display, the expectations we have and the attitudes that we encourage. We promote our school as a 'calm' school. All members of staff conduct themselves in a 'calm' manner and are consistently reminding the children of our whole school ethos.

We believe that enabling the children to access an engaging, creative and relevant curriculum has a positive effect on the childrens' motivations, aspirations and achievement across all areas of the curriculum.

Resourcefulness, Resilience, Respectfulness and Responsibility are all qualities championed by our school. Children are encouraged to be independent learners, to persevere even when things get tough, they are reminded to show respect to themselves, others and their environment. Furthermore, they are encouraged to take as much responsibility for themselves as possible in

regards to their own behaviour, their work and for having all of the necessary equipment, such as PE kits, homework and reading books.

Our Aims

- To develop children who are determined to succeed, think creatively and resourcefully in order to give every young person and their families the opportunities to achieve and follow their aspirations for life.
- We will give pupils the opportunity to develop physically, emotionally and socially, so that they are well-equipped for the responsibilities and experiences of later life.
- We want our children to embrace each other and connect socially and emotionally, our school is an environment that celebrates cultural and social diversity. We have created an environment which allows children to feel safe and valued as an individual, whilst valuing differences and understanding that we are all unique.
- We have aspirations for our children to have a strong ethos of hard work and not to give up easily.
- As well as supporting pupil's emotional development, we aim to strengthen our relationship with parents and carers. In actively engaging the wider-school community, we will promote and help to support their emotional well-being and mental health; which will enable them to support their children further.

Implementation

Rationale

At Monksdown Primary, we teach the PSHE curriculum, through a weekly PSHE programme called Jigsaw. Jigsaw is a whole school programme from EYFS to Year 6. It brings together emotional literacy, mindfulness, social skills and spiritual development. Our weekly celebratory assemblies encourage children to reflect on their behaviour and attitudes to learning. Our website and weekly newsletter has designated areas that highlights the

achievements of our children. Furthermore, we rejoice in the fact that many of our pupils are extremely active in the local community. We applaud their achievements in school and hope that they will inspire other children.

Jigsaw looks at ways children can regulate their emotions, which in turn helps them to manage their behaviour, creating a calming and relaxing learning environment. As part of the school ethos, Jigsaw enhances and brings to life the British Values and SMSC (social, moral, spiritual and cultural) curriculum. We are in the fortunate position to have a qualified and highly trained counsellor working in our school, the pupils have the opportunity to seek advice and attend sessions to support their mental health and any emotional difficulties they may be facing.

The PHSE/SMSC curriculum following Jigsaw comprises of six half-term units of work, each containing six lessons, covering each academic year.

Term 1: Being Me in My World

Term 2: Celebrating Difference (including anti-bullying)

Term 3: Dreams and Goals

Term 4: Healthy Me

Term 5: Relationships

Term 6: Changing Me (including Sex Education)

Each lesson has two Learning Intentions, one specific to Relationships and Health Education (PSHE) and the other designed to develop emotional literacy and social skills. Furthermore, there is an assembly at the end of each half term. As each year group studies the same unit at the same time this facilitates our whole-school learning approach.

We provide enrichment opportunities to promote the PSHE and well-being curriculum, which highlights whole-school vision and reinforces school messages, through events such as Mental Health awareness week, Anti-Bullying Week, Health Week and Safer Internet Day. We work with outside organisations including: The Bobby Collieran Trust, NSPCC and Comic Relief. We also collaborate and encourage local health care professionals such as dentists, Fire Brigade and the Police to visit school and engage with the pupils. Children also have the chance to go out into the local community, visiting local care homes, participating in litter picks, assisting in cleaning parks and participating in the Peace Project. These opportunities support the teaching of Jigsaw and encourage the children to involve themselves in their local community developing their social and emotional skills. The school also has links with CAMHS and MYA which support not only our children but their families.

Impact

Assessment

Assessment in Jigsaw is both formative and summative. There are two clear learning objectives for each lesson. There are many opportunities included in each lesson for the pupils to self-assess. Assessment for learning is used throughout the lessons to inform future planning and to identify any misconceptions. Children at the end of each session are given the chance to reflect on what has been taught. Any queries or unknowns can be addressed during the plenary or the pupil can ask to speak with the teacher outside of the lesson to clarify the misunderstanding.

Work will be celebrated on display boards in the classroom and corridor displays, reflecting the themes taught and with links to other areas of the curriculum where there is a PSHE/SMSC focus. There is also a display wall in the main entrance displaying the pupils' achievements in this area that have been achieved inside and outside of school.

Monitoring and Evaluation

In order to be confident in the impact of PSHE, class teachers and PSHE leaders need to be able to monitor the subject effectively using scrutiny and moderation of outcomes. They also need the time to carry out discussions with pupils and gauge a level of their understanding of the themes taught from Nursery – Year 6. It will be the responsibility of all staff to develop a solid understanding of PSHE/SMSC and how this is to be taught.

The PSHE/SMSC leads will evaluate the impact and implementation of Jigsaw through:

- Arranging training in the use of jigsaw.
- Leading staff meetings.
- Evaluating the policy
- Continuing staff development through sharing new resources.
- Talking to staff about the teaching of PSHE/SMSC in their classroom and the appropriateness of the resources offered.
- Making sure all planning, resources and overviews are available for all on the shared drive.
- Discussions with pupils in each year group about PSHE/SMSC
- Maintaining displays in common areas and ensuring PSHE/SMSC work is displayed in the classroom.

Involvement of Parents

Parents/cares will have access to “Introductory Guide for Parents and Carers about 2nd Edition Jigsaw PSHE”, from this they will gain an understanding of what is taught in each unit of work. Before embarking on the topic “Changing Me” Parents/carers will be alerted to “Guide for Parents and Carers about Relationships and Sex Education”

As a celebration of PSHE/SMSC parents will be invited to attend: school assemblies, Seasonal celebrations, Christmas Nativities, Family Fun Evenings, Summer Fates and many more days of importance.

Information sessions for parents are run at different points in the year and there are also opportunities for parents to attend training sessions with outside agencies. All of the sessions focus on developing parents understanding of PSHE/SMSC and Mental Health in not only their children but also for themselves. The training enables the parents to support their child and work collaboratively with them.

PSHE/SMSC will feature home challenges, homework grids and raise awareness during specific focused weeks in school for all children of Monksdown Primary School.